KONGUNADU ARTS AND SCIENCE COLLEGE
Re-accredited by NAAC with 'A+' Grade (4th Cycle)
(Autonomous)
College of Excellence (UGC)
COIMBATORE - 641 029

DEPARTMENT OF BBA CA

Name of the Programme : Outbound training and leadership skill development

Topic : Leadership skill development Programme

Resource Person : Professional Trainers

Date : 28.07.2026

Venue : Sethumadai, Pollachi

No. of Beneficiaries : 52

The College has organized One-Day Outbound Training and Leadership Skill Development Programme for the first-year BBA CA students on 28 July 2026 at Sethumadai, Pollachi. A total of 52 students participated in the programme with great enthusiasm. The primary objective of the programme was to provide experiential learning opportunities and enhance students' leadership, teamwork, communication, and interpersonal skills through outdoor activities.

The programme commenced with breakfast, followed by an introductory session conducted by professional trainers. The students actively participated in a series of energy-boosting games designed to improve confidence, interaction, and team spirit. All activities were conducted with strict adherence to safety protocols, ensuring a safe and enjoyable learning environment.

The second session consisted of a trekking expedition. After briefing the students on safety guidelines and trekking procedures, the trainers guided them through an adventurous nature walk. The scenic surroundings, pleasant climate, and natural environment provided a refreshing and motivating experience, encouraging students to develop endurance, confidence, and appreciation for nature.

The third session focused on management and team-building games. Students participated in various problem-solving and mind-stimulating activities under the guidance of experienced trainers. These activities challenged the students' analytical thinking, leadership abilities, communication skills, and collaborative decision-making. The participants displayed remarkable enthusiasm, active involvement, and a positive attitude throughout the session.

The programme was well planned and effectively executed. It concluded on a joyful note, leaving the students with memorable experiences and valuable life lessons. Overall, the training significantly contributed to the holistic development of the participants by strengthening their thinking ability, teamwork, coordination, discipline, time management, leadership qualities, and interpersonal skills.

Programme Outcomes

- Develop practical skills beyond classroom learning through experiential activities.
- Strengthen teamwork, coordination, and interpersonal relationships.
- Enhance decision-making, leadership, and problem-solving abilities.
- Improve self-discipline, confidence, and time management skills.
- Build resilience, adaptability, and a positive attitude towards challenges.



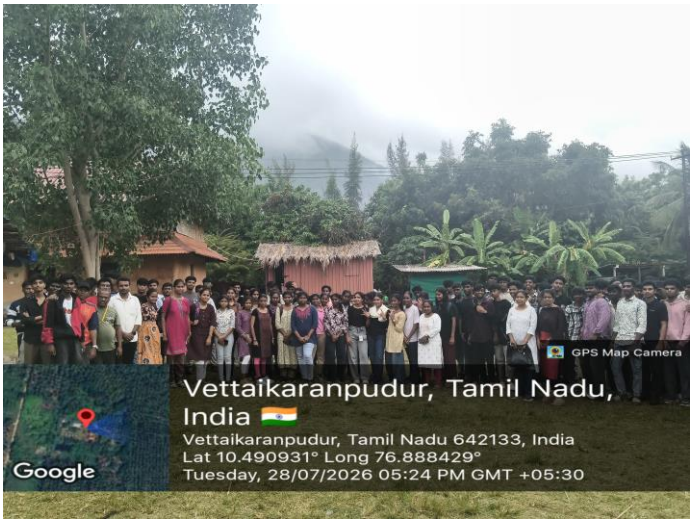











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