

## Kongunadu Arts and Science College (Autonomous) Re-accredited by NAAC with A<sup>+</sup> Grade 4<sup>th</sup> Cycle) College of Excellence (UGC) 29th Rank among Colleges in NIRF 2023, Coimbatore - 641 029.

## -Report-

Department of Commerce with Information Technology organised a Interdepartmental Lecture Series on 'THE POWER OF POSITIVE DAILOGUE: ELEVATING SELF ESTEEM THROUGH SELF TALK' on 22.02.2024 at 11 am, in E20. Dr. ATHISAYARAJ JABAKUMAR. J, Assistant Professor, Department of ENGLISH, was the Chief Guest of the programme. The program was started with a welcome speech by Dr. K SUDHA, Assistant Professor, Department of Commerce with Information Technology.

**Dr. B Divya Priya**, Associate Professor and Head, Department of Commerce with Information Technology felicitated the gathering. The session is opened to **Dr. ATHISAYARAJ JABAKUMAR. J by** a short introduction to the chief guest by **Mrs. Princess Monica Victoria, Assistant Professor**.

Our resource person, **DR. ATHISAYARAJ JABAKUMAR.J** explained **THE POWER OF POSITIVE DAILOGUE: ELEVATING SELF ESTEEM THROUGH SELF TALK.** He highlighted the importance of Positive Dialogues with Live Examples; He also emphasized the need ELVATING SELF ESTEEM. He interacted with the students and cleared all the queries raised by the students.

**Dr. K Akila**, Assistant Professor, proposed vote of thanks and co-ordinated all the activities of the program. Around 52 students got benefited out of this program.



## **SESSION GLIMPSE**

