

# KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

Re-accredited by NAAC with A<sup>+</sup> Grade (4<sup>th</sup> Cycle)

Affiliated to Bharathiar University

College of Excellence (UGC)

52<sup>nd</sup> Rank among colleges in NIRF 2024

Coimbatore-641029, Tamil Nadu, India



DEPARTMENT OF PSYCHOLOGY (UG)

Curriculum and Scheme of Examinations (CBCS)

(2025-2026 onwards)

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:		Core Paper 1 - General Psychology – I		
<b>Batch</b>	<b>Hours / Week</b>	<b>Total Hours</b>	<b>Credits</b>	<b>Skill Development</b>
<b>2025-2028</b>	<b>5</b>	<b>75</b>	<b>4</b>	

**Course Objectives**

1. To understand the definition and history of Psychology.
2. To know the meaning and perspective of Psychology.
3. To comprehend the basics of Sensation & Perception.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the concept and scope of psychology.
	CO2	To gain the knowledge about sensation and perception in psychology.
	CO3	To understand different models of human behavior based on Psychology.
	CO4	To gain the knowledge about the nature of consciousness.
	CO5	To apply learning principles to everyday life.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:		Core Paper 2 - Developmental Psychology – I		
<b>Batch</b>	<b>Hours / Week</b>	<b>Total Hours</b>	<b>Credits</b>	<b>Skill Development</b>
<b>2025-2028</b>	<b>5</b>	<b>75</b>	<b>4</b>	

**Course Objectives**

1. To gain the knowledge about the life span development and historical perspective.
2. To understand the physical development in Puberty.
3. To know the stages of cognitive development.
4. To learn the emotions of infancy, childhood and adulthood period.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the importance of Life span development.
	CO2	To understand the physical development of childhood.
	CO3	To know the cognitive development of infancy to adulthood.
	CO4	To analyze the Piaget's and Kohlberg's Theory.
	CO5	To summarize and point out factors that drive human behavior.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:		Allied Paper 1 - Bio Psychology - I		
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>6</b>	<b>Total Hours</b> <b>90</b>	<b>Credits</b> <b>5</b>	<b>Skill Development</b>

### Course Objectives

1. To understand the relationship between the body, mind and the brain.
2. To explain the biological foundations of behavior, including theories, history, and research methods.
3. Understand the evolution and development of the nervous system.
4. To learn the structures and functions that underlies sensation, perception, and motor control.

### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To remember process of signaling between nerve cells including chemical Neurotransmitters.
	CO2	To understand anatomy and functions of the basic cell of the nervous system.
	CO3	To analysis the role of neurotransmitters in human functioning.
	CO4	To evaluate basic brain structures and functional neural systems.
	CO5	To describe the biological underpinnings of cognition and socioemotional functioning.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:		Core Paper 3 - General Psychology - II		
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>5</b>	<b>Total Hours</b> <b>75</b>	<b>Credits</b> <b>4</b>	<b>Skill Development</b>

### Course Objectives

1. To learn the concept of long-term memory and short-term memory.
2. To develop the ability of thinking and Language.
3. To understand the theory of Emotions.

### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To understanding the concept of Emotions.
	CO2	To explain the concepts of Memory, its stages and functions and strategies to improve memory.
	CO3	To learn the concept of emotional intelligence.
	CO4	To critically analyze approaches to the study of personality and its measurement.
	CO5	To understand and apply the process of encoding, storing and retrieval of information.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 4 - Developmental Psychology - II		
Batch	Hours / Week	Total Hours	Credits	Skill Development
2025-2028	5	75	4	

**Course Objectives**

1. To understand the characteristics of early and late childhood.
2. To know the physical change in adolescence.
3. To learn about the characteristics of middle age and hazards of old age.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the characteristics of early and late childhood.
	CO2	To describe the development task of adolescence.
	CO3	To know about the family adjustment and marital adjustment in adulthood.
	CO4	To list and describe critical biological changes during adolescence.
	CO5	To learn adjustment to retirement and coping with family life.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Allied Paper 2 - Bio Psychology - II		
Batch	Hours / Week	Total Hours	Credits	Skill Development
2025-2028	6	90	5	

**Course Objectives**

1. To understand the importance of physiology of emotion.
2. To explain the physiology basis of learning.
3. To understand the physiology basis of memory.
4. To explain the influence of stress, drug – intake on the brain functioning.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To recall the influence of brain over various physiological human motives.
	CO2	To identify the importance of brain damage and various disorders related to human brain.
	CO3	To examine the role of limbic system in managing human emotions.
	CO4	To illustrate the role of left cerebral hemisphere in decision making.
	CO5	To analyze the impact of neural degeneration in an individual.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 5 - Abnormal Psychology - I		
Batch	Hours / Week	Total Hours	Credits	Skill Development
2025-2028	5	75	5	

Course Objectives

- 1. To learn the historical antecedents to modern understandings of abnormal behavior.
- 2. Describe the major classes and characteristics of psychological disorders.
- 3. Know the primary treatments for psychological disorders.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the historical background and paradigms of abnormal behavior.
	CO2	To explain abnormal behaviour patterns and apply the knowledge to assessment diagnosis and classification systems.
	CO3	To elaborate design, conduct, or evaluate treatment process of stress.
	CO4	To evaluate psychological research relevant to the study of abnormal behavior.
	CO5	To apply the contemporary theories and research related to causes and treatments of psychological disorders.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Practical 1 - Experimental Psychology - I		
Batch	Hours / Week	Total Hours	Credits	Employability/ Skill Development/ Entrepreneurship
2025-2028	4	60	2	

Course Objectives

- 1. To enable students to understand the experimental approach in scientific investigation.
- 2. To develop the structured report writing skill of the experiments.
- 3. To enable students to identify and apply appropriate experimental tests according to the requirements

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To experiment with testing human capacities such as sensory, perception and Attention.
	CO2	To relate the acquired knowledge of psychological processes to the method employed in testing.
	CO3	To demonstrate understanding of how psychological processes can be established objectively.
	CO4	To become proficient in measuring sensory dimensions of human behaviour.
	CO5	To make observation, interpret and use the data obtained from measurement to analyze individual differences in human capacities.

Programme Code: 21		B.Sc. Psychology		
Title of the Paper:		Allied Paper 3 - Psychological Statistics		
Batch	Hours / Week	Total Hours	Credits	Employability/ Skill Development
2025-2028	5	75	5	

### Course Objectives

1. To give basic knowledge about statistical concepts.
2. To solve the social problems using various statistical techniques.
3. To provide knowledge and skills to select and conduct appropriate statistical tests for psychological research.

### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To remembering appropriate Statistical techniques for summarizing and displaying social science data.
	CO2	To understanding the concepts of measures of central tendency and formulate percentile by arranging the data from smallest to largest.
	CO3	To applying the statistical tools to solve sociological problems.
	CO4	To analyzing and interpret the variance form ANOVA output.
	CO5	To evaluating the correlation among the variables.

Programme Code: 21		B.Sc. Psychology		
Title of the Paper:		Core Paper 6 - Abnormal Psychology - II		
Batch	Hours / Week	Total Hours	Credits	Skill Development
2025-2028	5	75	5	

### Course Objectives

1. To understand the maladaptive behavior in humans.
2. To explain the causes and risk factors of psychiatry disorders.
3. To understand the types of personality disorders.
4. To explain the treatment and therapeutic approaches.

### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To define the experience of anxiety and related disorders in an individual.
	CO2	To outline the disorders of sexual variance and cognitive impairment.
	CO3	To identify the spectrum disorders of schizophrenia.
	CO4	To identify the bipolar tendencies experienced by an individual.
	CO5	To examine the various forms of therapies and their effectiveness.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Practical 2 - Experimental Psychology - II		
Batch	Hours / Week	Total Hours	Credits	Employability/ Skill
2025-2028	4	60	2	Development/ Entrepreneurship

Course Objectives

- 1. To provide students with practical exposure.
- 2. To assess, apply and interpret various questionnaires.
- 3. To understand the various types of test related to perception.
- 4. To explain the motivation analysis test.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To assess the various emotion pattern of an individual.
	CO2	To evaluate the reaction time of an individual.
	CO3	To analyze the need pattern of social motive.
	CO4	To demonstrate the learning process of an individual.
	CO5	To examine the learning process of an individual.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Allied Paper 4 - Research Methodology		
Batch	Hours / Week	Total Hours	Credits	Employability/ Entrepreneurship
2025-2028	5	75	5	

Course Objectives

- 1. To give basic knowledge about research and its methodologies.
- 2. To identify the concepts and procedures of sampling, data collection, analysis and Reporting.
- 3. To develop an understanding of various research designs and techniques.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To remember the research problem and technique and defining a problem are developing a research plan.
	CO2	To understand the concepts of sampling, error and its degrees of freedom.
	CO3	To identify various sources of information for data collection.
	CO4	To analyze to prepare key elements of a research report.
	CO5	To interpret the results of the data using statistical techniques.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 7 - Social Psychology - I		
Batch	Hours / Week	Total Hours	Credits	Skill Development
2025-2028	5	75	5	

Course Objectives

1. Introduce the students to the discipline of social psychology and highlight the influences of various perspectives on it.
2. Understand the relationship between attitude and behavior and thereby enable them to predict social behavior.
3. Gain knowledge about various sources of prejudice and thereby devise techniques to reduce prejudice.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the roots of Social Psychology.
	CO2	To enhance the non-verbal communication skills.
	CO3	To analyze reasons for being with and deviating from the group.
	CO4	To understand human behaviour in social setting.
	CO5	To evaluate Interpersonal Attraction and Close Relationships.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 8 - Industrial Psychology		
Batch	Hours / Week	Total Hours	Credits	Employability/ Entrepreneurship
2025-2028	5	75	4	

Course Objectives

1. To understand the nature of organizational behaviour.
2. To identify the processes used in developing communication and resolving conflicts.
3. To explain group dynamics and demonstrate skills required for working in groups.
4. To discuss the implementation of organizational training program.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the foundations, scope, and career opportunities in I-O Psychology.
	CO2	To analyze workplace dynamics, safety, and the impact of working conditions.
	CO3	To conduct job analysis and evaluate job satisfaction and organizational commitment.
	CO4	To apply recruitment and selection techniques to identify and select qualified employees.
	CO5	To design, implement, and evaluate training programs while applying motivation theories to enhance performance.



Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 9 - Health Psychology		
Batch	Hours / Week	Total Hours	Credits	Skill Development
2025-2028	4	60	4	

**Course Objectives**

1. To enable students to understand the need and perspectives of health psychology.
2. Various models available to conceptualize health.
3. The influence of stress and pain on health and the importance of social support in managing stress and pain.
4. The nature pain and its management.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the effects of bio, psycho and social factors on a person’s health.
	CO2	To get the knowledge about research in health psychology and critically evaluate the key studies.
	CO3	To apply health psychology theories and research findings to address health-related issues.
	CO4	To analysis the effects of health status and changes in health based on a person’s emotions, thinking, and behaviour.
	CO5	To create the healthy relationship and to understand health compromising Behaviors.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Practical 3 - Experimental Psychology - III		
Batch	Hours / Week	Total Hours	Credits	Employability/ Skill Development/ Entrepreneurship
2025-2028	4	60	2	

**Course Objectives**

1. To enable students to understand the experimental approach in scientific investigation.
2. To develop the structured report writing skill of the experiments.
3. To enable students to identify and apply appropriate experimental tests according to the requirements.
4. To enhance the skills needed for conducting experiments and psychological tests

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To become proficient in measuring personality tests.
	CO2	To become proficient in measuring individual’s aspiration.
	CO3	To become proficient in measuring memory and learning aspects of human behavior.
	CO4	To become proficient in measuring tests related to imagination.
	CO5	To become proficient in measuring social dimensions of human behavior.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 10 - Psychology of Crime		
Batch	Hours / Week	Total Hours	Credits	Employability/ Skill Development
2025-2028	5	75	4	

**Course Objectives**

- 1. To understand basics of psychology of crime.
- 2. Apply knowledge of psychology in analyzing cases.
- 3. Appreciate the role of psychologist in crime scene analysis, offender profiling and eyewitness testimony.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the significance of crime, punishment, and the role of forensic sciences and psychology in criminal justice.
	CO2	To examine the biological, psychological, neuropsychological, and social determinants of criminal behavior.
	CO3	To apply psychological principles in crime scene analysis, offender profiling, and forensic interviewing.
	CO4	To evaluate the methods and techniques used in crime investigation, including deception detection and psychological profiling.
	CO5	To analyze the intersection of psychology, law, and technology in criminal proceedings and crime prediction.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 11 - Social Psychology - II		
Batch	Hours / Week	Total Hours	Credits	Skill Development
2025-2028	6	90	5	

**Course Objectives**

- 1. To understand the theories, concepts, perspectives in social psychology.
- 2. To explain how theories used to describe human attitude and behaviour.
- 3. Analysis the nature of human diversity and attitudes toward diversity.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To illustrate group influences and apply the knowledge to explain day to day events.
	CO2	To understand the key substantive content of the field of social psychology.
	CO3	To identify reasons for why, when people help and devise strategies to promote pro- social behavior.
	CO4	To use existing knowledge and concepts to identify the causes of the social Behavior.
	CO5	To develop the abilities to analysis regarding the principles of social behavior.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Paper 12 – Indian Psychology		
Batch	Hours / Week	Total Hours	Credits	Employability/ Entrepreneurship
2025-2028	6	90	4	

**Course Objectives**

1. Understanding the Foundations of Indian Psychology
2. Exploring the Concept of Consciousness, Self and Personality
3. Examining the Yoga and Ancient Techniques for Psychological Development
4. Integrating Indian Psychology with Modern Practices
5. Promoting Holistic Mental Health and Well-Being

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To Understand the nature, scope, and key concepts of Indian psychology and its foundational texts.
	CO2	To Explore Indian perspectives on consciousness and compare them with the six orthodox schools of philosophy and Buddhist phenomenology
	CO3	To Analyze Indian theories of self and personality, particularly in Vedānta, Sāṃkhya, and Buddhist traditions.
	CO4	To Comprehend the philosophical and practical aspects of yoga, along with ancient healing techniques and alternative therapies.
	CO5	To Evaluate the integration of Indian psychology with modern psychology, identifying opportunities for future research and interdisciplinary applications.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Core Practical 4 - Experimental Psychology – IV		
Batch	Hours / Week	Total Hours	Credits	Employability/ Skill Development/ Entrepreneurship
2025-2028	6	90	2	

**Course Objectives**

1. To provide students with practical exposure.
2. To assess, apply and interpret various questionnaires.
3. To understand the various types of test related to thinking.
4. To explain the social psychology test.
5. To know the testing and assessment.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To interpret the thinking of an individual.
	CO2	To assess the various social skills of an individual.
	CO3	To apply various test methods in research methodology.
	CO4	To evaluate the intelligence of an individual.
	CO5	To analyze the ability of an individual.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:	Major Elective - Consumer Behaviour			
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>5/6</b>	<b>Total Hours</b> <b>75/90</b>	<b>Credits</b> <b>5</b>	<b>Employability/ Skill Development/ Entrepreneurship</b>

**Course Objectives**

1. Demonstrate how knowledge of consumer behaviour can be applied to marketing.
2. To learn about factors which influence consumer behaviour.
3. Relate psychological aspects such as personality, perception, and attitude to the choice's consumers make.
4. Demonstrate methods to improve customer satisfaction.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand consumer behaviour in an informed and systematic way.
	CO2	To analyses personal, socio-cultural, and environmental dimensions related to consumer behavior.
	CO3	To enable students in designing and evaluating the marketing strategies.
	CO4	To know the application of market research in framing effective marketing strategies.
	CO5	To analyze the major stages which consumers usually go through when making a consumption.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:	Major Elective - Sports Psychology			
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>5/6</b>	<b>Total Hours</b> <b>75/90</b>	<b>Credits</b> <b>5</b>	<b>Employability/ Skill Development/ Entrepreneurship</b>

**Course Objectives**

- To understand the theoretical foundation of the psychological processes related to sports.
1. To learn foundations and philosophical questions related to the development of sport program.
  2. Describe biomechanical foundations of human movement and sports performance.
  3. Identify motor control processes and mechanisms underlying the learning sports skills.
  4. Integrate psycho-sociocultural perspectives on sport.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To apply psychological techniques and strategies to enhance performance in sport.
	CO2	To evaluate research in sport psychology and psychological factors related to performance.
	CO3	To apply sport psychology theories and research that best fit different performance.
	CO4	To evaluate the effectiveness of their work with individuals in sport, exercise, and performance psychology.
	CO5	To create methods to work with clients in sport, exercise, and performance psychology.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:		Major Elective - Human Resource Management		
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>5/6</b>	<b>Total Hours</b> <b>75/90</b>	<b>Credits</b> <b>5</b>	<b>Employability/ Skill Development/ Entrepreneurship</b>

#### Course Objectives

1. To understand the importance of human resources and their effective management in organizations.
2. Demonstrate a basic understanding of different tools used in forecasting and planning human resource needs.
3. Learn current theory and practice of recruitment and selection.
4. To interpret the role of resistance and commitment in relation to change, propose change strategies for enhancing organizational development.
5. Understand the nature and sources of conflict and the different strategies and approaches used in the resolution of conflict.

#### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the current theory and practice of recruitment, selection, performance appraisal and training.
	CO2	To evaluate the role of recruitment and selection in relation to the organization's business.
	CO3	To analyze the key issues related to administering the human elements.
	CO4	To apply advanced training strategies and specifications for the delivery of training programs.
	CO5	To create a unique selection strategy for a specific job.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:		Major Elective - Environmental Psychology		
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>5/6</b>	<b>Total Hours</b> <b>75/90</b>	<b>Credits</b> <b>5</b>	<b>Skill Development/ Entrepreneurship</b>

#### Course Objectives

1. To introduce the origins, methods, research and applications in the field of environmental psychology.
2. Demonstrate how knowledge of psychology can be applied to Environment.
3. To learn about factors which influence Environment and relate psychological aspects to the environment behaviour.
4. To develop an appreciation of how psychology can contribute to shaping environments, preserve natural environments, and deal with the challenges of environmental crowing.
5. To develop students' capacities to be able to perform a basic research, practice or policy work in the field of environmental psychology.

#### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To select appropriate methods of research in the field of environmental psychology.
	CO2	To interpret the nature of human, components of eco systems and stressors of the environment.
	CO3	To describe and carryout the ecological view of psychological issues and identify the problems faced by the environmental psychologists.
	CO4	To evaluate an interdisciplinary scientific field which tries to complicate, understand, and improve the dynamic relationship between peoples and places.
	CO5	To analyze and interpret the explicit consideration of the environment when trying to understand psychological phenomena.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:	Major Elective - Psychology and Gender Issues			
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>5/6</b>	<b>Total Hours</b> <b>75/90</b>	<b>Credits</b> <b>5</b>	<b>Skill Development/ Entrepreneurship</b>

**Course Objectives**

1. To understand the gender stereotypes.
2. To know the theoretical Positions about gender development.
3. To understand the Women's health.
4. To explain the Gender Identity and Career.
5. To know the Psychopathology and Gender Issues.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To define the meaning and concepts of gender.
	CO2	To outline the theories of Gender Development.
	CO3	To identify the Perspectives on marital interaction.
	CO4	To analyze the importance of Victimization issues.
	CO5	To examine Women and the Criminal Justice System.

<b>Programme Code: 21</b>	<b>B.Sc. Psychology</b>			
Title of the Paper:	Major Elective - Behaviour Modification			
<b>Batch</b> <b>2025-2028</b>	<b>Hours / Week</b> <b>5/6</b>	<b>Total Hours</b> <b>75/90</b>	<b>Credits</b> <b>5</b>	<b>Employability/ Skill Development/ Entrepreneurship</b>

**Course Objectives**

1. To understand the concept of human behavior.
2. To enable the students to focus on their behavior.
3. Implemented the behavior modification methods in their life.

**Course Outcomes (CO)**

On successful completion of the course, the students will be able

K1 to K5	CO1	To acquire the knowledge about behavior modification and to know the history and applications.
	CO2	To understand the basic principles of Behavior Modification.
	CO3	To analyze behavior change and to know the principles of recording.
	CO4	To understand the behavior modification techniques.
	CO5	To apply the behavior modification techniques in their day today life.

Programme Code :	For B.A., BBA CA, B.Com, BCA and B.Sc., Degree Students			
	SKILL BASED SUBJECT 1 – CYBER SECURITY			
Batch 2025-2028	Hours / Week 2	Total Hours 30	Credits 3	Skill Development

### Course Objectives

1. The course introduces the basic concepts of Cyber Security
2. To develop an ability to understand about various modes of Cyber Crimes and Preventivemeasures
3. To understand about the Cyber Legal laws and Punishments

### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To Understand the Concepts of Cybercrime and Cyber Frauds.
	CO2	To Know about Cyber Terrorism and its preventive measures.
	CO3	To Analyze about the Internet, Mobile Phone and E-commerce security issues.
	CO4	To Understand about E-mail and Social Media Issues.
	CO5	To Describe about various legal responses to Cybercrime.

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:	Skill Based subject 2 - Counselling Psychology			
Batch 2025-2028	Hours / Week 2	Total Hours 30	Credits 3	Employability/ Skill Development/ Entrepreneurship

### Course Objectives

To enable the students to

1. Understand the meaning and importance of counselling in the present context.
2. Learn the methods of establishing counselling relationship.
3. Know the dynamics and termination of counselling relationship.
4. Understand the behavioural, cognitive and other approaches to counselling.

### Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the concept of counselling psychology.
	CO2	To gain the knowledge about the need and importance of counselling psychology.
	CO3	To understand different models of human behavior based on Psychology.
	CO4	To evaluate the psychoanalytic and humanistic approaches to counselling.
	CO5	To apply the counselling principles to everyday life.

Programme Code :	For B.A., BBA, B.Com, BCA and B.Sc., Degree Students			
Skill Based Subject III - BASICS OF INTELLECTUAL PROPERTY RIGHT'S				
Batch	Hours / Week	Total Hours	Credits	Skill
2025-2028	2	30	3	Development

Course Objectives

- To create awareness about recent trends in IPR and Innovation.
- To explore the basic concepts IPR.
- To focus upon trademarks, copyrights, patents, industrial designs and traditional knowledge.
- To learn more about managing IP rights and legal aspects.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To know about basic concepts of IPR and patent.
	CO2	To understand copyrights, industrial designs and geographical indication of goods.
	CO3	To differentiate between trademarks and trade secrets.
	CO4	To acquire knowledge on protection of traditional knowledge and plant varieties.
	CO5	To manage and protect IP Rights.

Subject Code: 25UPS5X1

Programme Code: 21	B.Sc. Psychology			
Title of the Paper:		Extra Departmental course – Psychology and Wellbeing		
Batch	Hours / Week	Total Hours	Credits	Skill
2025-2028	2	30	3	Development

Course Objectives

1. The nature of Psychological Well-Being and happiness.
2. The factors of well-being.
3. To build a resilience and Positive Personality.
4. To know the process of developing effective solutions to challenging and often systemic social and environmental issues.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K5 to K1	CO1	To define the fundamental concepts of psychology and wellbeing.
	CO2	To classify the human happy life and application of mindfulness.
	CO3	To identify the importance of personal goals, self-regulation and control.
	CO4	To identify the various new social practices that aim to meet social needs.
	CO5	To examine various Practice of mindfulness.



For B.A., BBA, B.Com, BCA and B.Sc., Degree Students			
PART IV – ENVIRONMENTAL STUDIES			
Batch 2025-2028	Hours / Week 2	Total Hours 30	Credits 2

Course Objectives

1. The course will provide students with an understanding and appreciation of the complex interactions of man, health and the environment. It will expose students to the multi-disciplinary nature of environmental health sciences.
2. To inculcate knowledge and create awareness about ecological and environmental concepts, issues and solutions to environmental problems.
3. To shape students into good “Eco citizens” thereby catering to global environmental needs.
4. This course is designed to study about the types of pollutants including gases, chemicals petroleum, noise, light, global warming and radiation as well as pollutant flow and recycling and principles of environmental pollution such as air, water and soil.
5. The course will address environmental stress and pollution, their sources in natural and workplace environments, their modes of transport and transformation, their ecological and public health effects, and existing methods for environmental disease prevention and remediation.

Course Outcomes

On successful completion of the course, the students will be able

K1 to K5	CO 1	To understand how interactions between organisms and their environments drive the dynamics of individuals, populations, communities and ecosystems.
	CO2	To develop an in depth knowledge on the interdisciplinary relationship of cultural, ethical and social aspects of global environmental issues.
	CO3	To acquiring values and attitudes towards complex environmental socio-economic challenges and providing participatory role in solving current environmental problems and preventing the future ones.
	CO4	To gain inherent knowledge on basic concepts of biodiversity in an ecological context and about the current threats of biodiversity.
	CO5	To appraise the major concepts and terminology in the field of environmental pollutants, its interconnections and direct damage to the wildlife, in addition to human communities and ecosystems.

Programme Code:	For B.A., BBA, B.Com, BCA and B.Sc., Degree Students		
VALUE EDUCATION – MORAL AND ETHICS			
Batch 2025-2028	Hours / Week 2	Total Hours 30	Credits 2

Course Objectives

1. To impart Value Education in every walk of life.
2. To help the students to reach excellence and reap success.
3. To impart the right attitude by practicing self introspection.
4. To portray the life and messages of Great Leaders.
5. To insist the need for universal brotherhood, patience and tolerance.
6. To help the students to keep them fit.
7. To educate the importance of Yoga and Meditation.

Course Outcomes (CO)

On successful completion of the course, the students will be able

K1 to K5	CO1	To recognize Moral values, Ethics, contribution of leaders, Yoga and its practice.
	CO2	To differentiate and relate the day to day applications of Yoga and Ethics in real life situations.
	CO3	To emulate the principled life of great warriors and take it forward as a message to self and the society.
	CO4	To analyze the Practical outcome of practicing Moral values in real life situation.
	CO5	To evaluate and Rank the outcome of the pragmatic approach to further develop the skills.

Programme Code : 21	For B.A., BBA, B.Com, BCA and B.Sc., Degree Students		
PART IV -NON MAJOR ELECTIVE –I HUMAN RIGHTS			
Batch 2025-2028	Hours / Week 2	Total Hours 30	Credits 2

Course Objectives

- To prepare for responsible citizenship with awareness of the relationship between Human Rights, democracy and development.
- To impart education on national and international regime on Human Rights.
- To sensitive students to human suffering and promotion of human life with dignity.
- To develop skills on human rights advocacy
- To appreciate the relationship between rights and duties
- To foster respect for tolerance and compassion for all living creature.

Course Outcomes

On successful completion of the course, the students will be able

K1 to K5	CO1	To understand the hidden truth of Human Rights by studying various provisions in the Constitution of India.
	CO2	To acquire overall knowledge regarding the Feminist perspectives in the Liberative Empowerment of Women.
	CO3	To gain knowledge about various gender roles and stereotypes involved in the comprehension of gender equality and women’s rights.
	CO4	To comprehend the legal provisions and policies that foreground the safety of children in the society and to promote awareness.
	CO5	To gain enhanced knowledge about sexual and gender minorities to recognize, celebrate and acknowledge the diversified forms of gender expressions and rights.

Sub.Code :25UWR4N2

<b>Programme Code:</b>	<b>For B.A., BBA, B.Com, BCA and B.Sc., Degree Students</b>		
	<b>Part IV -NON- MAJOR ELECTIVE – II WOMEN’S RIGHTS</b>		
<b>Batch</b> 2025-2028	<b>Hours / Week</b> 2	<b>Total Hours</b> 30	<b>Credits</b> 2

Course Objectives

1. To know about the laws enacted to protect Women against violence.
2. To impart awareness about the hurdles faced by Women.
3. To develop a knowledge about the status of all forms of Women to access to justice.
4. To create awareness about Women’s rights.
5. To know about laws and norms pertaining to protection of Women.
6. To understand the articles which enables the Women’s rights.
7. To understand the Special Women Welfare laws.
8. To realize how the violence against Women puts an undue burden on healthcare services.

Course Outcomes

On successful completion of the course, the students will be able

K1 to K5	CO1	To appraise the importance of Women’s Studies and incorporate Women’s Studies with other fields
	CO2	To analyze the realities of Women Empowerment, Portrayal of Women in Media, Development and Communication
	CO3	To interpret the laws pertaining to violence against Women and legal consequences
	CO4	To contribute to the study of the important elements in the Indian Constitution, Indian Laws for Protection of Women
	CO5	To spell out and implement Government Developmental schemes for women and create awareness on modernization and impact of technology on Women

Programme Code :		For B.A., B.Sc., and BCA Degree Students	
PART IV - NON- MAJOR ELECTIVE III - CONSUMER AFFAIRS			
Batch	Hours/Week	Total Hours	Credits
2025-2028	2	30	2

**Course Objectives**

- To familiarize the students with their rights and responsibilities as a consumer.
- To understand the procedure of redress of consumer complaints.
- To know more about decisions on Leading Cases by Consumer Protection Act.
- To get more knowledge about Organizational set-up under the Consumer Protection Act.
- To impart awareness about the Role of Industry Regulators in Consumer Protection.
- To understand Contemporary Issues in Consumer Affairs.

**Course Outcomes**

On successful completion of the course, the students will be able

K1 to K5	CO1	To know the rights and responsibility of consumers.
	CO2	To understand the importance and benefits of consumer protection act.
	CO3	To apply the role of different agencies in establishing product and service standards.
	CO4	To analyse to handle the business firms’ interface with consumers.
	CO5	To assess Quality and Standardization of consumer affairs