



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)
Re-accredited by NAAC with A+ Grade - 4th cycle,
College of Excellence – UGC
52nd Rank among Colleges in NIRF 2024
Coimbatore - 641 029, Tamil Nadu, India



DEPARTMENT OF COMPUTER SCIENCE (AIDED)
Awareness Programme on “**Cyber Hygiene and Security Awareness**”
Supported by
DBT STAR COLLEGE SCHEME
REPORT

Name of The Event	Awareness Programme on “ Cyber Hygiene and Security Awareness ”
Date	01.08.2025
Time	11.00AM
Resource Person	Mrs.Theepika Jayasekaran, Cyber Security Researcher, Founder and CEO, Vetri Tec Solutions, Coimbatore
Venue of The Programme	C-34
Objectives of the Programme	1. Educate participants about basic concepts of cyber hygiene and the importance of maintaining digital safety. 2. Raise awareness about common cyber threats such as phishing, malware, ransomware, identity theft, and social engineering attacks. 3. Promote safe internet practices including strong password management, software updates, and secure browsing.
Outcome of the Programme	1. Improved awareness of cyber threats and how they affect individuals and organizations. 2. Increased adoption of safe digital practices, such as using strong passwords and enabling two-factor authentication. 3. Enhanced ability to identify and avoid cyber risks, including phishing emails, malicious links, and scams. 4. Better protection of personal and sensitive information on digital platforms.
Number of Beneficiaries with class (Both students and faculty)	II B.Sc Computer Science – 49 Faculties: 3 Dr.A.Kavitha Mrs. S.Vishalini Mrs. Ansu Elsa Koshy Total No of Beneficiaries: 52

Report in Detail:

The Department of Computer Science (Aided), Kongunadu Arts and Science College (Autonomous), organized an Awareness Programme on “Cyber Hygiene and Security Awareness” on 1st August 2025 under the DBT STAR College Scheme. The session was conducted from 11.00 AM and was attended by enthusiastic students and faculty members from the department.

The event commenced with a warm welcome address by **Dr. A. Kavitha**, HoD, Department of Computer Science who emphasized the critical importance of cybersecurity in today’s digitally connected world. The speaker compared cyber hygiene to personal hygiene, stressing that just as we protect our physical health, we must also protect our digital identity and data.

The key objectives of the programme were to raise awareness about cyber threats such as phishing, malware, and identity theft, and to promote good cyber hygiene practices such as using strong passwords, updating software regularly, and avoiding suspicious links. The session aimed to instil responsible digital behaviour among students, professionals, and general internet users while also introducing participants to relevant cybersecurity laws and reporting mechanisms.

The programme featured expert talks from cybersecurity professionals who explained common threats and shared real-life examples to demonstrate the importance of being vigilant online. Live demonstrations were conducted to show how phishing attacks occur and how weak passwords can be easily compromised. Hands-on workshops enabled participants to learn about firewall settings, two-factor authentication, and antivirus tools. Also Q&A sessions encouraged participants to engage actively and clarify their doubts. The awareness programme included:

- **Expert Talks:** Sessions delivered by cybersecurity professionals on current cyber threats and protection techniques.
- **Live Demonstrations:** Real-time examples of phishing emails, password cracking, and secure account setups.
- **Q&A Interaction:** Participants actively raised questions and shared their experiences.

The Awareness Programme on "Cyber Hygiene and Security Awareness" was a timely and impactful initiative. It successfully educated participants on the importance of digital responsibility and empowered them to safeguard their personal and professional information. The session concluded with a heartfelt vote of thanks delivered by Mrs. Ansu Elsa Koshy, Assistant Professor, Department of Computer Science.

Signature of the Head of the Department



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