



KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL



The women empowerment cell of Kongunadu Arts and science college, Coimbatore with Malabar Gold and Diamonds, Coimbatore, hosted a one day workshop on "Holistic health and hygiene for women " with Dr.V.Rathikka, gynecologist, Ranga hospital and Mrs.Chellam Narendiran , psychologist, Srijan counseling centre on 29.08.2018. The keynote speakers propelled the importance of personal well being of women mentally and physically, and molding the modern society with women being an integral part of any forum or family. Principal Dr.V.Balasubramaniam and CEO Dr.V.Chinnusamy felicitated the gathering, presided by Dr.RSumathi, convener of the women empowerment cell. Ms.Rini Marshal proposed the vote of thanks.





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL



WOMEN EMPOWERMENT CELL INAUGURATION

The Women Empowerment Cell, Kongunadu Arts & Science College has been inaugurated on 29 August 2018. Principal, Dr. V. Balasubramaniam, Kongunadu Arts & Science College, Coimbatore presided over the function where he addressed that “Women empowerment is very necessary to make the bright future of the family, society and country. Women need fresh and more capable environment so that they can take their own right decisions in every area whether for themselves, family, society or country. In order to make the country fully developed country, women empowerment is an essential tool to get the goal of development. There are many formulating strategies and initiating processes started by the government of India in order to bring women into the mainstream of development.” S Kothai (M.sc. Maths) and SP Veena (BA English) were selected as President & Vice President respectively.





KONGUNADU ARTS & SCIENCE COLLEGE(AUTONOMOUS)
Coimbatore - 641 029

Department of English(Aided)

“Empowering Women: Addressed and Unaddressed woes in World Literature”,



A one-day National Level Conference on “Empowering Women: Addressed and Unaddressed woes in World Literature”, was organized by the Department of English (Aided), Kongunadu Arts and Science College, Coimbatore, on 30.08.2018. Chinthanai Kavighar Dr. Kavidasan, Director_HR, Roots Industries Limited, inaugurated the Conference and delivered a special address. Dr. Manjula Jayaraman, former Principal, Sri GVG Visalakshi College for Women, Udulmalpet and Dr. Padma Baliga, an Independent researcher from Bengaluru were the resource persons for the two technical session. Dr. V Balasubramaniam, Principal of the College, presided over the Inaugural ceremony and Prof. S Nagaraja, Head, Department of English (Aided) , explained the theme of the Conference. About 1100 teachers, scholars and students from 21 colleges affiliated to the Bharathiar University attended the National Level Conference. Dr. Diwakar Thomas, senior Professor of English, distributed the certificates to the participants.


Head of the Department of English
Kongunadu Arts & Science College
Coimbatore - 641 029



KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

REPORT ON

“SCIENCE BEHIND THE TRADITIONAL KNOWLEDGE ON HEALTHCARE OF WOMEN

A special lecture on “Science behind the traditional knowledge on healthcare of women” was conducted on 25.09.2018 by the Department of Botany, Kongunadu Arts and Science College sponsored by Indian Science Congress Association (ISCA), Coimbatore Chapter. Dr. P. Sumathi, Organizing Secretary and Assistant Professor of Botany, Kongunadu Arts and Science College welcomed the gathering. Dr. V. Balasubramaniam, Principal and HOD, Kongunadu Arts and Science College highlighted the importance of the focal theme “Traditional knowledge and he stressed about the Science behind our Indian Culture. In the first session, Smt. Sangitha Varier, South Zonal Secretary of Ekal Abhyan, Coimbatore delivered a lead lecture on the focal theme “Science and our Culture” with simple examples which we practice it routinely in our day to day life. Information’s she shared were very informative and interesting especially for women students. She also highlighted about the traditional uses of betel leaf, Tulasi, Safron, Vilvam etc. She also explained about the therapeutic properties of different varieties of flowers such as *Jasminum grandiflorum*, *Michelia champaca*, *Hibiscus rosa sinensis*, *Pandanus amaryllifolius* etc., and their ailments for various diseases.

In the next session, Smt. Lakshmi Suryanarayan, an active Social worker of Mahila Wing of Ekal Abhiyan, Coimbatore addressed on the topic “Management of Anaemia through home remedies”. She provided lot of informations on Anaemia, their cause and side effects. Finally she discussed about the home remedial measures to prevent Anaemia using simple home remedies. She provided basic platform for Anaemia and their management especially for our Girl students. About 210 women participants from various departments participated in this programme and got benefitted. Finally we thank, Dr. M. Aruchami Sir, President and Dr. C. A. Vasuki Madam, Secretary and Director and Dr. V. Balasubramaniam Sir Principal, Kongunadu Arts and Science College for their kind hearted support in organizing this event. We also thank Indian Science Congress Association, Coimbatore Chapter for generous financial support in organizing this event especially for women. Dr. K. Thenmozhi, Organizing Secretary and Assistant Professor of Botany proposed vote of thanks.

Dr. K. THENMOZHI, M.Sc., M.Phil., Ph.D.,
Assistant Professor in Botany
Kongunadu Arts & Science College
Coimbatore - 641 029

Dignitaries on the dais



Lead lecture delivered by the Chief guest



Lead lecture delivered by the Chief guest



Students feedback about the special lecture



Distribution of Home Remedy booklets on Anemia to the students

Dr. K. THENMOZHI, M.Sc., M.Phil., Ph.D.,
Assistant Professor in Botany
Kongunadu Arts & Science College
Coimbatore - 641 029



KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL



EMPOWER YOURSELF

A one day national workshop on 'EMPOWERING WOMEN' was organized by the women empowerment cell on 19.09.2018, with Mrs. Sonia Anand, yoga acharya from Mysore enlightening the inner soul of the students through meditation and active sessions successfully wading the youth off from their mobile phones throughout the program through her thought provoking activities. The students expressed their various aspects over technology and its influence over their routine life, for which suitable methods were suggested, to overcome their difficulties.





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL

"ABHAYADAKSHINA"



Child sexual abuse is one of the most neglected social problems faced by our society. It is because of this neglect that child sexual abuse incidents are increasing in India at an alarming rate. It needs to be noted that this problem has multiple dimensions to it because of which the society has been unable to combat it. Most of the cases of child sexual abuses in India go unnoticed because the families are uncomfortable bringing out these matters. The occurrence of such incidents can be reduced to a great extent if efforts are made to create AWARENESS about the subject. The fear needs to be instilled in the mind of the perpetrators which is only possible if people are ready to confront them.

The Women Empowerment Cell of Kongunadu Arts And Science College, launched "ABHAYADAKSHINA" on 08.10.2018, to initiate discussions on the topic in order to make the child (class I to class V) aware about such issues, which are helpful in providing accurate knowledge on the topic of sexuality and good touch and bad touch among school children. Though some efforts have been made in this direction through short films, awareness Programs, etc, still much more need to be done.





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL



Workshop on YOYO: (You're Only Young Once) @ Kongunadu Arts & Science College Coimbatore: In commemoration of World Mental Health Day Kongunadu Arts & Science College Women Empowerment cell, organized a one day workshop on 10.10.2018 in order to raise awareness about Mental Health. Mrs. Chellam Narendiran, MSC. (Psychology), MBA was the chief guest of the occasion, who is the Principal Consultant in Srijan Consulting Services Coimbatore. She highlighted the significance of mental health. Madam Dr. C A Vasuki, Secretary, and Director presided over the function. Dr. V Balasubramaniam, Principal, and Dr. V Chinnusamy, CEO offered the felicitation. The convener Dr. R Sumathi, Underlined the quote of Nora Ephron; "Above all Be the heroine of your life, not the victim". Student president S.Kothai of I MSc Maths and Vice President S.P. Veena I BA English Literature rendered the welcome address and vote of thanks. The Workshop highlighted the mental health concerns and emerging challenges in different walks of life and people. The dignitaries defined mental health as a state of well- being in which people realize their own potential, can deal with real life stress or can work effectively to make their contributions. The speakers stressed that a holistic approach should be pursued to create awareness of the issue through the involvement of youth, including government, civil society, families, and communities.





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

Department of Biochemistry

The Department of Biochemistry organized a guest Lecture on 18th December 2018 at 3:00 pm in Seminar Hall. Dr. Ramesh.L. Londonkar, Professor and Chairman, Department Of Biotechnology, Gulbarga University, Karnataka was the chief guest and delivered a guest lecture on **“Recent developments in Biotechnology”**. In his talk he explained about the various avenues of Biotechnology and the opportunities of Life sciences students worldwide by discussing about the BT era (Biotechnology Era) and applications of biotechnology in various fields such as agriculture, medical, veterinary, marine system and so on. Dr. S. Krishnakumari delivered a welcome address to the gathering followed by introduction of the guest by Dr. Narendhirakannan and Dr. K. Surekha delivered a vote of thanks. Around 200 students were participated from B.Sc., and M. Sc Biochemistry and Biotechnology department in the guest lecture and interacted with the guest speaker.



Dr. Ramesh.L. Londonkar delivering lecture on the topic **“Recent developments in Biotechnology”**

S. Krishna Kumari

Dr. (Mrs). S. KRISHNAKUMARI, M.Sc., Ph.D., AISBT, PGDCA, PGDBL,
Associate Professor in Biochemistry
IQAC Co-ordinator
Kongunadu Arts and Science College,
Coimbatore - 641 029, Tamilnadu, India.



KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL

WHAT NEXT



A career guidance program in association with the Rexona confidence academy was organized on 02.01.2019 for the final year students , presenting them the ways , do's and don'ts in an interview and character building sessions were also organized with oratorical activities by Ms Anjuman Bhanu, trainer from rexona confidence academy.





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL

Women's Day celebration



The members of the women empowerment cell celebrated the women's day in a thought provoking manner at the ABHAYA SADHAN old age home at Kanuvai on 08.03.2019. The members spent quality time with the elders and contributed fund to the welfare of the home and also hosted celebration at the old age home by active interactive sessions and activities for them.





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL

National conference on Ecolife: revolutionary rise of women



Today the Women empowerment cell and eco club of Kongunadu arts and science college, jointly organised a national level conference Ecolife : the revolutionary rise of women in association with WWF Coimbatore on 15.03.2019. Dr V Geethalakshmi from TNAU and Mrs.Nandhini Raveendran from Aranya charities , Mrs Sangeetha Subhash , Mrs Shanthini Balu were the cheif guests. Secretary Dr CA Vasuki presided over the function .Best paper presenter awards were given to Dr suguna Devakumari - PORTABLE BIOGAS PLANTS WITH MULTI – VARIED FEEDSTOCK IN URBAN HOUSEHOLD" Karunya University Ms.Reginie susmina - Seam of Spirituality Imbibed In Nature In Ode: Intimations of Immortality by Wordsworth. Madras Cristian college and Ms.Nancy from Madras Christian college . Dr K Kaviyarasu served as the repoitre for the paper presentation session.





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL



The women empowerment cell of our college conducted a drug abuse awareness program "NOD NO " (say no to drugs) on 18.03.2019. Dr Usha Nandhini served as the chief guest and addressed the students and actively interacted with the students .





KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

G.N.Mills Post, Coimbatore – 641029.

WOMEN EMPOWERMENT CELL



The Department of English (aided) and the women empowerment cell of Kongunadu arts and science college in association with VIMUKTHA FEDERATION organised a women upliftment program for women from the self help group on 22.03.2019, demonstrating basic English and other activities. The participants were involved in certain activities and were provided with book and basic materials.





Kongunadu Arts and Science College (Autonomous), Coimbatore

Department of Biochemistry (Aided)

Training Programme on 'MEDICINAL MUSHROOM CULTIVATION' – 15.03.2019

The department of biochemistry organized a training programme on 'MEDICINAL MUSHROOM CULTIVATION' sponsored by UGC, New Delhi for agriculturists and self help group women on 15.03.2019, in C2 Smart class room in the Department of Biochemistry, KASC. The registration for the programme started by 09.30 am and the participants registered till 10.30 am. A total of 30 participants registered for the programme including agriculturists, self help group women and students. The programme started at 10.45 am with the prayer song. Dr. S. Krishnakumari, IQAC Co-ordinator & Associate Professor in Biochemistry welcomed the gathering. The presidential address was given by Dr. C. A. Vasuki, Secretary & Director, KASC. She emphasized the importance of mushroom cultivation for the development of women community in rural areas and introduced various loan schemes applicable to the self help group women. Dr. V. Chinnusamy, CEO, KASC delivered the inaugural address. He asked the participants to utilize the training programme to their best. Dr. S. Paulsamy, Dean, Academics and R&D, Dr. Indira A. Jayraaj, Associate Professor and Head, Department of Biochemistry, KASC felicitated the gathering and pointed out that the mushroom cultivation is a wonderful tool for economic development and it is best suited for the women self help groups in the rural & urban areas and for disabled people.

Dr. S. Krishnakumari, IQAC Co-ordinator & Associate Professor in Biochemistry gave a lecture on 'Cultivation technology of Oyster Mushroom'. She explained the various steps in cultivation technology such as preparation of mushroom unit, cutting of paddy straw, soaking and washing of paddy straw, sterilization and drying of paddy straw, preparation of mushroom spawn for packing, packing of spawn and paddy straw in the mushroom bags, hanging in the mushroom unit, mycelium spreading, growth of mushrooms and harvest of mushrooms with relevant photographs.

Mr. M. Karthik, Mrs. V. Suganthi and Ms. B. Krishna, Ph.D Scholars in Biochemistry demonstrated the techniques of Tissue culturing, Spawn production and Cultivation technology of oyster mushrooms and the participants were given hands on training. The


DEPARTMENT OF BIOCHEMISTRY
Kongunadu Arts and Science College
COIMBATORE-641 029

various doubts aroused by the participants were clarified at the end of the session. Dr. R. T. Narendhirakannan, Assistant Professor in Biochemistry, KASC proposed the Vote of Thanks.



Welcome Address by Dr. S. Krishnakumari,
Associate Professor in Biochemistry



Presidential Address by Dr. C. A. Vasuki,
Secretary & Director



Inaugural Address by Dr. V. Chinnusamy,
CEO



Dr. S. Paulsamy, Dean, Academics and R&D
delivering felicitation address



Lecture on Oyster mushroom cultivation
technology by Dr. S. Krishnakumari



Demonstration of mushroom cultivation technology

DEPARTMENT OF BIOCHEMISTRY
Kongunadu Arts and Science College
COIMBATORE-641 029



Hands on training of mushroom cultivation



Vote of Thanks by Dr. R. T. Narendhirakannan,
Assistant Professor in Biochemistry



Participants & Organizers of the programme

4-Feb
DEPARTMENT OF BIOCHEMISTRY
Kongunadu Arts and Science College
COIMBATORE-641 029



Kongunadu Arts and Science College (Autonomous), Coimbatore

Department of Biochemistry (Aided)

Training Programme on 'MEDICINAL MUSHROOM CULTIVATION' – 20.03.2019

The department of Biochemistry organized a training programme on 'MEDICINAL MUSHROOM CULTIVATION' sponsored by UGC, New Delhi for agriculturists and self help group women on 20.03.2019 in G5 Hall, G Block, KASC. The registration for the programme started by 12.00 noon. A total of 36 participants registered for the programme including agriculturists, self help group women and students. The programme started at 12.15 pm with the prayer song. Dr. S. Krishnakumari, IQAC Co-ordinator & Associate Professor in Biochemistry welcomed the gathering. The presidential address was given by Dr. C. A. Vasuki, Secretary & Director, KASC. She highlighted the value of farming and related practices for ensuring national food security and introduced various loan schemes applicable to the self help group women. Dr. V. Balasubramaniam, Principal, KASC delivered the inaugural address. He discussed the various ancient agricultural practices and their importance in current scenario.

Dr. S. Krishnakumari, IQAC Co-ordinator & Associate Professor in Biochemistry gave a lecture on 'Spawn production and Cultivation technology of Oyster Mushroom'. She explained the various steps in spawn production and cultivation technology of mushrooms with relevant photographs for each step.

Ph.D Scholars in Biochemistry Ms. B. Krishna, Mr. M. Karthik and Mrs. V. Suganthi demonstrated the techniques of Tissue culturing, Spawn production and Cultivation technology of oyster mushrooms respectively and the participants were given hands on training. The various doubts aroused by the participants were clarified at the end of the session. Dr. R. T. Narendhirakannan, Assistant Professor in Biochemistry, KASC proposed the Vote of Thanks.


DEPARTMENT OF BIOCHEMISTRY
Kongunadu Arts and Science College
GOIMBATORE-641 029



Welcome Address by Dr. S. Krishnakumari,
Associate Professor in Biochemistry



Presidential Address by Dr. C. A. Vasuki, Secretary
& Director



Inaugural Address by
Dr. V. Balasubramaniam, Principal



Lecture on Oyster mushroom Spawn production &
cultivation technology by Dr. S. Krishnakumari



Demonstration of Tissue culture technique by
Ph.D Scholar Ms. B. Krishna



Demonstration of Spawn production technology by
Ph.D Scholar Mr. M. Karthik

DEPARTMENT OF BIOCHEMISTRY
Kongunadu Arts and Science College
COIMBATORE-641 029



Demonstration of Cultivation technology by Ph.D Scholar Mrs. V. Suganthi



Hands on training of mushroom cultivation



Participants & Organizer of the programme

U-Sub
DEPARTMENT OF BIOCHEMISTRY
Kongunadu Arts and Science College
COIMBATORE-641 029

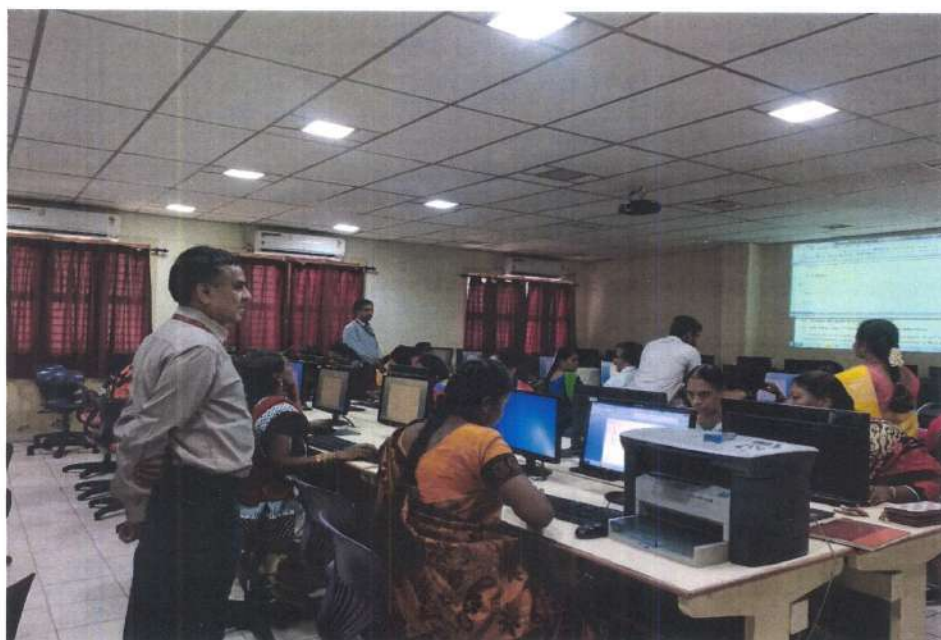


KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)
Re-accredited by NAAC with 'A' Grade 3.64 CGPA (3rd Cycle)
College of Excellence (UGC)
Coimbatore – 641 029, Tamil Nadu, India

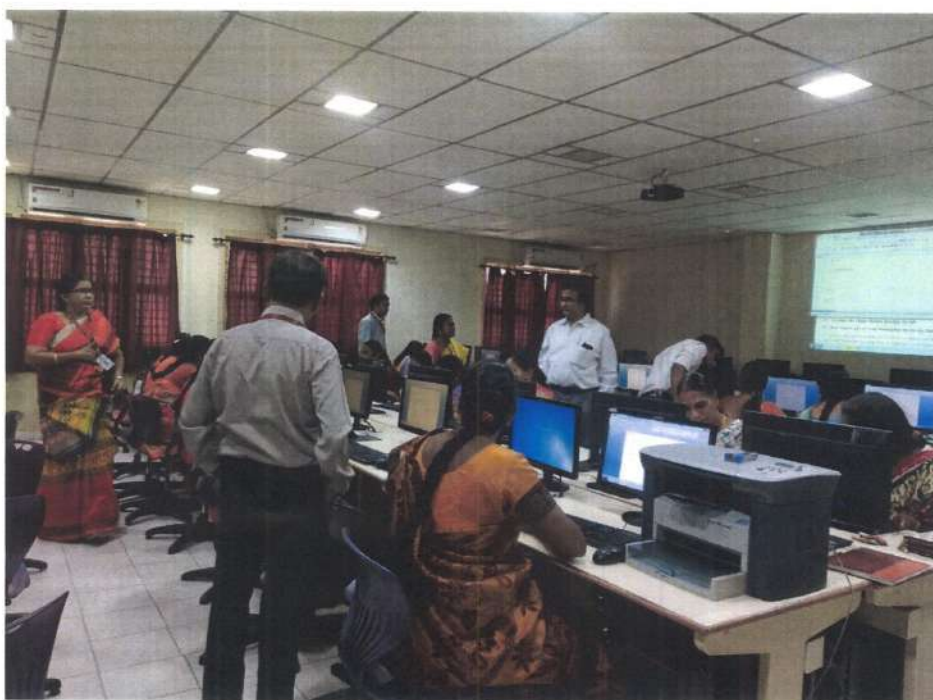


DEPARTMENT OF COMPUTER SCIENCE [AIDED]

The Department of Computer Science conducted a “Computer Awareness programme” for Self-Help Group Women (SHGW) sponsored by University Grants Commission, New Delhi on 28-03-2019 in Computer Science Laboratory VI. The Self-Help Group Women Numbering 22 participated in the programme.



The SHGW were trained in the applications of MS-WORD, MS-EXCEL by the Staff Members of the Department of Computer Science. Also, the participants were given training about how to effectively use GOOGLE in searching. Further, the participants were given training on how to carry out the “Digital Transactions” relating to the payment of Electricity Bill, GAS Cylinder Booking and Railway Ticket Booking. The participants expressed their utmost satisfaction about the programme and they felt very happy to use the Computers.



A. Kavitha

Dr. A. KAVITHA, M.C.A., M.Phil., Ph.D.,
Associate Professor in Computer Science
Kongu Nadu Arts & Science College (Autonomous)
Coimbatore-641 029.



Kongunadu Arts and Science College (Autonomous), Coimbatore

Department of Biochemistry (Aided)

Training Programme on 'MEDICINAL MUSHROOM CULTIVATION' – 30.03.2019

The Department of Biochemistry organized a training programme on "MEDICINAL MUSHROOM CULTIVATION" sponsored by UGC, New Delhi for agriculturists and self help group women on 30.03.2019 at Kavundampalayam, Coimbatore. The organizing secretary Dr. R. T. Narendhirakannan, Assistant Professor, Department of Biochemistry delivered lecture on "Nutritional value of mushroom", Mr. M. Karthik, Ph. D Research Scholar in Biochemistry delivered a lecture on "Cultivation Technology of Oyster mushroom". The participants were demonstrated with the various steps involved in mushroom cultivation technology and the participants were given hands on training. The various doubts aroused by the participants were clarified at the end of the session. Around 20 participants participated in this programme.



Lecture on Nutritional value of mushroom by
Dr. R. T. Narendhirakannan



Lecture and Demonstration of Cultivation technology
by Ph.D Scholar Mr. M. Karthik



Hands on training of mushroom cultivation

Danny as
DEPARTMENT OF BIOCHEMISTRY
Kongunadu Arts and Science College
COIMBATORE-641 029