



**KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)**

Reaccredited by NAAC with 'A⁺' Grade (4th cycle)

College of Excellence (UGC)

COIMBATORE -641029



YOUTH RED CROSS & RED RIBBON CLUB

Jointly Organized

A Health Awareness Programme

"LOCK THE NUTRIENTS FOR HEALTHY LIFE"

13th April 2022

Youth Red Cross and Red Ribbon Club jointly organized a Health Awareness Programme in our College on **13-04-22** between 11:00 am to 1:00 pm. The Awareness camp was headed by our esteemed Principal **Dr.M.Lekeshmanaswamy** and Dean Academics **Dr.S.R. Madhan Shankar** accompanied by YRC and RRC Programme Officers, Coordinators, Volunteers and Students.

The camp was presided by **Dr.B.Premagowri**, Assistant Professor, Department of Clinical Nutrition & Dietetics, PSG College of Arts & Science, Coimbatore who gave relevant and required health information to students to resist themselves against diseases and to ensure that **"Prevention is better than Cure"**.

More than **300** participants benefitted and shared their views. The YRC and RRC Awareness Programme ended successfully with the motivation of Stay Safe and Stay Healthy to lead a Healthy Lifestyle.









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COIMBATORE-641029, Tamilnadu, India



YOUTH RED CROSS & RED RIBBON CLUB



Jointly Organizes

HEALTH AWARENESS PROGRAMME

ON

LOCK THE NUTRIENTS FOR HEALTHY LIFE

RESOURCE PERSON

Dr.B.PREMAGOWRI

Assistant Professor, Department of Clinical Nutrition & Dietetics

PSG College of Arts & Science

Coimbatore

Presidential Address

Dr. C. A. VASUKI

Secretary

Felicitation Address

Dr. M. LEKESHMNASWAMY

Principal

Special Address

Dr S.R.MADHAN SHANKAR

Dean Academics

Venue: Sister Nivedita Hall

Date: 13-4-2022

Time: 11:00am-1:00pm



YRC COORDINATORS

S.NO	NAME	SIGNATURE
1.	Dr. N. Senthil kumar (Programme Officer)	<i>[Signature]</i>
2.	Mrs.A. Immaculate	<i>[Signature]</i>
3.	Dr.R. Rekka	<i>[Signature]</i>
4.	Dr.S.P.R. Priyalatha	
5.	Mr.A. Saravanan	
6.	Dr.M. Samynathan	
7.	Mr.P. Kaliraj	<i>[Signature]</i>
8.	Dr.K. Saminathan	
9.	Mrs. N. Paviyasre	<i>[Signature]</i>
10.	Dr.B. Divya Priya	<i>[Signature]</i>
11.	Dr.R. Murugesan	<i>[Signature]</i>

RRC COORDINATORS

S.NO	NAME	SIGNATURE
1.	Dr. K.Krishnaveni (Programme Officer)	<i>[Signature]</i>
2.	Mr.S.K.Arun Kumar	
3.	Dr.S.Arighandran	
4.	Dr.H.Abdul Kaffoor	

PRINCIPAL
KONGUNADU ARTS & SCIENCE COLLEGE
COIMBATORE-641 029.

