

KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

College of Excellence – Status awarded by UGC

Coimbatore, India

**DEPARTMENT OF BIOCHEMISTRY, INDIAN SCIENCE
CONGRESS ASSOCIATION, Coimbatore Chapter
& ROTARY CLUB OF COIMBATORE CENTENNIAL**

JOINTLY ORGANIZE SCHOOL OUTREACH PROGRAM

REPORT

Kongunadu Arts and Science College (Autonomous), Coimbatore, Department of Biochemistry, Indian Science Congress Association Coimbatore chapter and Rotary club of Coimbatore Centennial Organized the School outreach awareness programme among School Students on 24th February 2023 at 10.00 AM in Government Higher Secondary School, Kovilpalayam. The aim of the program was awareness about Health hygiene and Exam stress Management to students. The resource persons of this program Ms. Chellam Narendiran Srijan Counseling Services, Coimbatore, and Rtn. MPH. Karthikeyan L (President, Rotary Club of Coimbatore Centennial) (Alumni – Dept of Biochemistry, KASC – 1993-96 batch). Around 150 students from higher secondary school along with the faculty members were attended the awareness program.



Kongunadu Arts and Science College

(Autonomous)

Re-Accredited by NAAC with A+ Grade (4th Cycle)

College of Excellence

31st Rank among College in NIRF -2022

Coimbatore



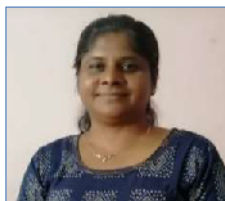
DEPARTMENT OF BIOCHEMISTRY,
INDIAN SCIENCE CONGRESS ASSOCIATION, Coimbatore Chapter
& ROTARY CLUB OF COIMBATORE CENTENNIAL

Jointly organize School Outreach Program

THEMES

**Health & Hygiene and Exam Stress Management
for School Students**

Resource Persons



Ms. Chellam Narendiran,

Srijan Counselling Services,
Coimbatore

www.srijancounselling.com



Rtn. MPHE. Karthikeyan L

(President, Rotary Club of
Coimbatore Centennial)

(Alumni – Dept of Biochemistry,
KASC – 1993-96 batch)

Venue : Govt. Hr Sec School, Kovilpalayam

Convener

Dr. V. SELVI , Head, Department of Biochemistry

Organising Secretaries

Dr. R.T. Narendhirakannan
Assistant Professor

Dr. K. Nirubama
Assistant Professor

Date : 24.02.2023

ALL ARE WELCOME

Time : 10:00 AM

PHOTOS



Prayer Song by Dr.K.Nirubama, Assistant Professor, Department of Biochemistry, KASC



Resource Person Ms. Chellam Narendiran delivered a talk on Exam Stress Management



Vote of thanks by Dr,R. T. Narendhirakannan, Assistant Professor, Department of Biochemistry, KASC



Resource person Rtn. MPHF. Karthikeyan L (President, Rotary Club of Coimbatore Centennial) (Alumni – Dept of Biochemistry, KASC – 1993-96 batch) delivered a talk on Health and hygiene.

Report:

An unique programme entitled “ STUDENTS MENTA HEALTH IN A HYBRID WORLD” was organized by the Department of Biochemistry in association with Indian Science Congress Association on 22.02.2023 in the venue of Research laboratory. As well noted, Psychologist Ms. Chellam Narendiran delivered a lecture on the aspects of social media impacts on students mental health. She interacted with students on various problems related to stresses caused by social media and mobile addiction. Eventually the progamme was useful for the students of Biochemistry department. 55 students and 6 faculty members attended. Dr. V. Selvi, Head of the Department welcomes and honoured the speaker. Dr. M. Santhoshkumar delivered the vote of thanks.

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COIMBATORE 641 029



Organized by
DEPARTMENT OF BIOCHEMISTRY



Sponsored by
INDIAN SCIENCE CONGRESS
ASSOCIATION
Coimbatore Chapter

Cordially invite you all for a
**“STUDENTS MENTA HEALTH IN A
HYBRID WORLD”**



Resource Person
Ms. Chellam Narendiran,
Srijan Counselling Services,
Coimbatore
www.srijancounselling.com



Date : 22.02.2023 **Venue : D-11** **Time : 10.30 AM**

Dr. S.R. Madhan Shankar	Dr. Paulsamy	Dr. M. Lakeshmanaswamy	Dr. C. A. Vasuki
Dean Academics	Dean R & D Convener, ISCA Coimbatore Chapter	Principal	Secretary and Director

Conveners

Dr. V. SELVI , Head, Department of Biochemistry	Dr. R. Venkatesh, Head, Department of Biochemistry (PG & Research)
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Organising Secretaries

Dr. S. Monisha, Assistant Professor	Dr. M. Santhoshkumar, Assistant Professor
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Organising Committee
Dr. R.T. Narendrakannan, Assistant Professor, Department of Biochemistry
Dr. K. Nirubama, Assistant Professor, Department of Biochemistry
Dr. J. Anitha, Assistant Professor, Department of Biochemistry (PG & Research)
Dr. P. Gowtham, Assistant Professor, Department of Biochemistry (PG & Research)