



**KONGUNADU ARTS AND SCIENCE COLLEGE**  
(Autonomous)  
College of Excellence (UGC)  
Re-accredited by NAAC with 'A+' Grade (4<sup>th</sup> Cycle)  
Coimbatore - 641029, Tamilnadu, India



**Red Ribbon Club**

**1. Azadi Ka Amrit Mahotsav- 13.08.2022**

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. As part of the Azadi Ka Amrit Mahotsav Kongunadu arts and Science College and District Police of Coimbatore jointly arranged a mega students rally on 13.08.2022. The rally covered nearly 6 Km from college campus to thudiyalur junction and return on the same way. Mr. Selvaraj, Deputy Superintendent of Police waved the flag and inaugurated the rally. Dr.C.A.Vasuki, president & secretary of our college led the rally in the active mannar. Dr. M. Lekeshmanaswamy, Principal, faculty members and students were actively participated. Thousands of tricolour national flag was carried by our students during the rally. Students from various clubs namely RRC, YRC, NSS, NCC, ECO club and other student's volunteers were participated in the mega rally.



## 2. International youth day-16.08.2022

Youth Red Cross(YRC) & Red Ribbon Club (RRC) Celebrates “*International Youth Day-2022*” Awareness Programme on 16.08.2022 at Sister Nivedita Hall. The programme was began with Prayer Song by Ms. V. Deepika. II M.Sc. Mathematics. Welcome Address : Dr. S. Manivannan, Assistant Professor of Zoology, YRC Programme Officer welcomed the gathering. Presidential Address was delivered by Dr. M. Lekshmanaswamy, Principal, KASC. Dr.S.P.R.Priyalatha, Assistant Professor of Mathematics, YRC Member introduced the speaker to the audience. The Chief Guest Mr. P. Rajavel, DDU KAUSHAL KENDRA, Sri Ramakrishna Mission Vidyalaya College of Arts and Science, Coimbatore delivered a special talk on “சிதையா நெஞ்சுகொள்”. Dr. K. Krishnaveni, Assistant Professor of Chemistry and RRC Programme Officer proposed Vote of Thanks.

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**YOUTH RED CROSS & RED RIBBON CLUB**  
Celebrates  
“*International Youth Day-2022*”  
(Theme: “Intergenerational Solidarity - Creating a World for All Ages”)  
Awareness Programme on

**தலைப்பு: “சிதையா நெஞ்சுகொள்”**

Date: 16. 08. 2022 Time: 11.30 am

**Mr. P. Rajavel**  
DDU KAUSHAL KENDRA  
Sri Ramakrishna Mission Vidyalaya  
College of Arts and Science  
COIMBATORE - 641 020.

**Dr. S. R. MADHAN SHANKAR**  
Dean Academics  
KASC, Coimbatore

**Dr. M. LEKSHMANASWAMY**  
Principal  
KASC, Coimbatore

**Dr. C. VASUKI**  
Secretary and Director  
KASC, Coimbatore

**Organizing Secretaries**  
Dr. S. P. R. Priyalatha,  
Asst. Prof of Mathematics  
Mr. P. Kaliraj  
Asst. Professor of Computer Science (PG)

**Convenors**  
Dr. S. Manivannan,  
Asst. Professor of Zoology  
YRC Programme Officer  
Dr. K. Krishnaveni  
Asst. Professor Of Chemistry  
RRC Programme Officer





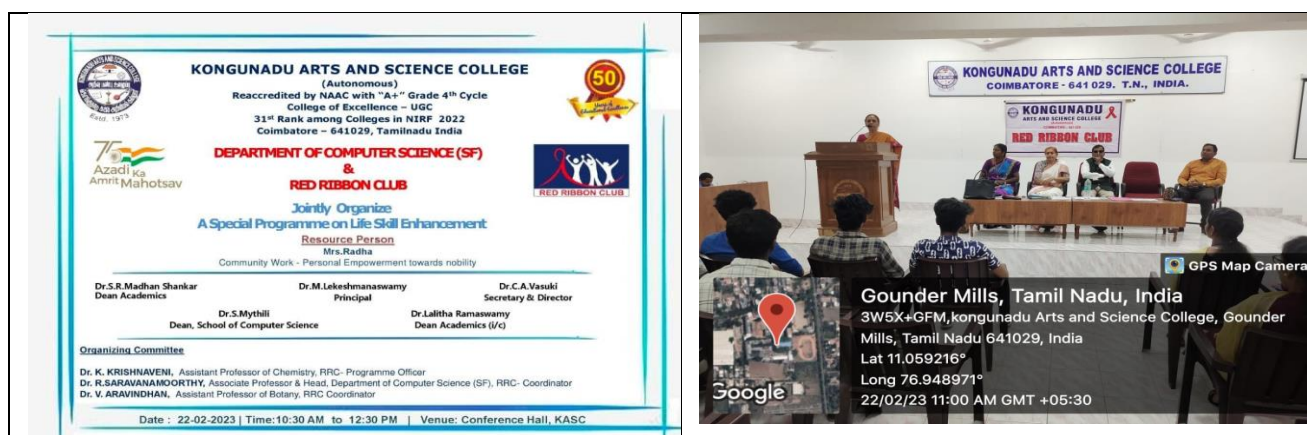
### 3. World First Aid Day (10.09.2022)

On 10<sup>th</sup> **September** 2022, A world record was set by more than 5000 schools and college students in Coimbatore on the occasion of the World First Aid Day, by demonstrating Basic life support and recovery position during critical conditions. The Asian book of Record adjudged the record attempt held at TNAU Campus coimbatore with the aim was to encourage in critical condition out of which 49 institutions our college Kongunadu arts and science college -RRC Club students taken part in the world record attempt held in this event, training on basic first aid treatment for immediate resuscitation of an unconscious person will be provided. The students also took a pledge against drug abuse.



#### 4. A Special Program on “Life Skill Enhancement”- 22.02.2023

The session was delivered by Resource person Mrs. Radha Sabhapathy, **Community Work - Personal Empowerment towards nobility** on 22.02.2022. In her address, She Mentioned about Career guidance helps people to manage their life, learning and work. Students careers develop over the years and so they need access to career guidance throughout lifeskill program and Shared about tips and tricks to get benefited for life. A welcome address was given by Dr.R.Saravana Moorthy, Associate Professor and Head Department of Computer Science. Finally, Dr.K.Krishanaveni, Assistant Professor of Chemistry and Programme officer-RRC-KASC gave the Vote of thanks. Around 125 Students and Staff form, UG and PG attended the Session and Benefited.



## 5. Awareness program on stress management techniques to prevent substance abuse- 20.04.2023

On the account of Alcohol awareness month Kongunadu Arts and Science College organised an Awareness Program on Stress Management Techniques to Prevent Substantial Abuse conducted by the Department of Mental Health Nursing, KMCH college of nursing, Coimbatore Jointly Organized by the Alcoholics anonymous chapter members, Coimbatore. The programme was conducted in two sessions. Dr.S.Manivannan, Assistant Professor, Department of Zoology delivered the welcome address. Dr. M. Lekeshmanasamy, Principal, KASC, delivered presidential address. Dr. S. Bhuvaneshwari, Professor, Department of Mental Health Nursing, KMCH College, spoke about Stress Management, Hypertension, Anxiety and suggested some relieving techniques. Followed by rehabilitation experience shared by a person named Mohammad Ansari working as a Marketing Executive shared about his life experience and how Alcoholics Anonymous helped him to recover from the alcoholic addiction. It was very real and helpful for students. The guests were honoured by the college faculties with Memento. Dr. Muthukumar, Assistant Professor of Tamil, KASC, delivered the presidential address for the second session. Ms. P.Jamuna Rani, Professor, Department of Mental Health Nursing, KMCH College of Nursing, spoke on Dopamine inducing, the Early Alcoholic addiction and the reasons for addiction. She spoke on two types of stress as Eustress( positive one) and Distress( Negative one), stress inducing chemicals and suggested some ways to overcome the addiction. Dr. Amudha Lakshmi, Department of Mathematics, KASC delivered the vote of thanks. The awareness programe ended successfully with more than 500 participants.

