

SPORTS

Profile:

Kongunadu Arts and Science College places equal emphasis on the students' physical and mental development aiming to bring up all round development in the students. The College adheres to the adage "A Sound Mind in a Sound Body." Since its foundation in 1975, the Department of Physical Education has made every effort to instruct students in both indoor and outdoor games.

Aim & Objectives:

The college includes one large ground for outdoor games such as volleyball, kabaddi, badminton, cricket nets, and basket ball. The college has a well-structured auditorium that is built with the latest provisions. It is well ventilated and has a large seating capacity. The auditorium is built keeping in view the modern requirements. It also provides the right ambiance and environment for presentations and gatherings and to conduct various programmes and games. Every day, the students receive intensive training in a variety of sports and games from experienced coaches. There is also a modern, state-of-the-art gymnasium for the benefit of both male and female college students in order to keep their bodies and physique in excellent condition.

The Department of Physical Education has organized a variety of sporting events for the benefit of this College's teaching and non-teaching staff. Many students have won prizes in many sports meets, both inside and outside Tamil Nadu, in events such as chess, badminton, and volleyball, power lifting, shooting, taekwondo, cycling, best physique, cricket, table tennis, and athletics.

Facilities

Indoor Games	Outdoor Games
TableTennis	Athletics 200 Meters Track
Chess	Volley Ball- 2
Carom	Badminton -1
	Ball Badminton – 1
	Kabaddi -1
	Kho-Kho- 1
	Foot Ball (5-A side) -1
	Hand Ball- 1
	Cricket nets-1