

**INTERNSHIP TRAINING PROGRAM
AT
EMOCARE COUNSELLING CENTER FOR
(COUNSELLING LIFE COACHING AND TRAINING)**

A REPORT ON COUNSELLING TRAINING

BASED ON COUNSELLING PSYCHOLOGY

SUBMITTED BY

ANJANA. P.B (231PS001)

III BSc PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

AFFILIATED TO BHARATHIAR UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

G.N MILLS COIMBATORE-64102

INTERNSHIP TRAINING PROGRAM

AT

SNEKA MIND CARE, TIRUNELVELI

A REPORT ON CLINICAL TRAINING

BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

VARSHA. K (231PS002)

III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

AFFILIATED TO BHARATHIAR UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

G.N MILLS COIMBATORE-641029



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that K. VARSHA has completed a

30 days **observership/ internship** in Psychiatry & Clinical Psychology

discipline from 12.05.2025 to 14.06.2025 at SMCH

Dr C Panneer Selvan

M.B.B.S., M.D., Psych (NIMHANS)

Director & Chief Consultant Psychiatrist

Mr Arun Selvaraj

M.Sc., M.Phil., Clinical Psychology (NIMHANS)

RCI CRR No. A94418

Consultant Clinical Psychologist
(Clinical Supervisor)

INTERSHIP TRAINING PROGRAM
AT
ANANDHAM MIND CARE FOUNDATION
A REPORT ON CLINICAL TRAINING BASED ON CLINICAL
PSYCHOLOGY
SUBMITTED BY
K. N. BALA SUBRAMANIAM (231PS003)
III B. Sc PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
G.N MILLS COIMBATORE-641029



ANANDHAM MIND CARE FOUNDATION

Thudiyalur, Coimbatore, Tamilnadu

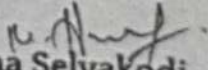
INTERNSHIP CERTIFICATE

This is to certify that Mr/Ms/Mrs:

K.N. BALASUBRAMANIAM

has completed his/her Clinical Internship at Anandham Mind Care Foundation,
Coimbatore, Tamil Nadu from 14.05.2025 to 23.06.2025 for 16 days.
During this period, Exposure was given on Clinical Skills, Psychopathology, Diagnosis &
Psychotherapeutic interventions in Psychiatric illness and Psychological Assessments in
Special Children. Field Visits also done during their internship days in MR & MI
Rehabilitation Homes.

His/Her performance during the internship was good.


Dr. Helena Selvakodi

The Founder & Director of
Anandham Mind Care Foundation

INTERNSHIP TRAINING PROGRAM

AT

OMKAR HOSPITAL SHIRDI

A REPORT OF TRAINING BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

KIRTHIGA MOHAN (231PS004)

III B.SC.PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

RE- ACCREDITED BY NAAC WITH A+GRADE (5TH CYCLE)

AFFILIATED TO BHARATHIAR UNIVERSITY

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS COIMBATORE-641029



डॉ. वामन फाउंडेशन
ओंकार हॉस्पिटल अँड ट्रॉमा सेंटर
मल्टीस्पेशलिटी | आय.सी.यू. | ऑक्सिडेंट



Date : 10-06

EXPERIENCE CERTIFICATE

This is to certify that Ms. Kirthiga Mohan (ID: 231PS004), a 2nd year B.Sc. Psychology student from Kongunadu Arts and Science College, was employed with us on a full-time basis for a period of 30 days, from 8th May 2025 to 8th June 2025.

At the time of her departure, she was designated as Psychology Staff (Intern).

We sincerely appreciate her contributions during her tenure with us and wish Ms. Kirthiga Mohan all the very best in her future endeavors.



INTERNSHIP TRAINING PROGRAM

AT

TIMHANS HOSPITAL

**A REPORT ON CLINICAL TRAINING BASED ON CLINICAL
PSYCHOLOGY**

SUBMITTED BY

DIYA SHERIN P.N (231PS005)



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS) AFFILIATED BY BHARATHIAR UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS, COIMBATORE- 641029



TIMHANS
Trichur Institute of Mental Health & Neuro Sciences

Peringandoor P.O.
Thrissur - 680581
Kerala, South India
Ph: 0487-2202289
Mob: 9747556301
8891178030

TIM-2025/014

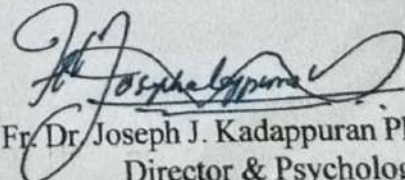
9th June 2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that DIYA SHERIN P.N. (Enrollment No.231PS005), BSc Psychology student of Kongunadu Arts and Science College Coimbatore, successfully completed second year internship programme from 10th May, 2025 to 8th June 2025 at Trichur Institute of Mental Health and Neuro Sciences (TIMHANS), Peringandoor, Thrissur, Kerala, India, 680581.

She showed her capacity for being a competent in clinical interviews, intervention activities and case discussions. She was always attentive to the best interest and welfare of her clients.




Fr. Dr. Joseph J. Kadappuran PhD
Director & Psychologist

INTERNSHIP TRAINING PROGRAM

AT

SNEKA MIND CARE CENTRE

A REPORT OF TRAINING BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

VYSNAVI M (231PS006)

III B.SC.PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

RE- ACCREDITED BY NAAC WITH A+GRADE (5TH CYCLE)

AFFILIATED TO BHARATHIAR UNIVERSITY

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS COIMBATORE-641029



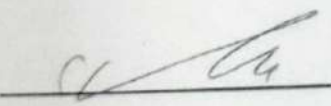
SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

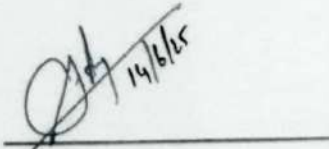
CERTIFICATE OF COMPLETION

This is to certify that M. VYSNAVI has completed a
30 days **observership/ internship** in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 at SMCH


Dr C Panneer Selvan

M.B.B.S., M.D., Psych (NIMHANS)

Director & Chief Consultant Psychiatrist


Mr Arun Selvaraj

M.Sc., M.Phil., Clinical Psychology (NIMHANS)

RCI CRR No. A94418

Consultant Clinical Psychologist
(Clinical Supervisor)

INTERNSHIP TRAINING PROGRAM

AT

PVR INOX CINEMAS

**A REPORT ON HUMAN RESOURCES TRAINING BASED ON
INDUSTRIAL PSYCHOLOGY**

SUBMITTED BY

GEOFFREY SANTHOSH KUMAR (231PS007)

III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

AFFILIATED TO BHARATHIAR UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

G.N MILLS COIMBATORE-641029

20th June, 2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Mr. Geoffrey Santhosh Kumar bearing Registration No: 231PS007 Bachelor of Psychology from Kongunadu Arts and Science College has completed his internship from 10th May 2025 to 20th June 2025 for the duration of 1 month with HR Department.

We wish him success in his future endeavours.

Yours Faithfully,

For PVR INOX Ltd.,



Ajitha G

Executive – Human Resources

A REPORT OF TRAINING BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

DHAZSHA.S (231PS008)

III B.SC.PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

RE- ACCREDITED BY NAAC WITH A+GRADE (5TH CYCLE)

AFFILIATED TO BHARATHIAR UNIVERSITY

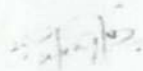
COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS COIMBATORE-641029

Certification of Completion

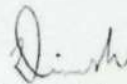
TO WHOMSOEVER IT MAY CONCERN

This is to certify **DHAZSHA.S** has completed 30 days internship program in Clinical Psychology at **BEWELL HOSPITAL** under the supervision of Senior Clinical Psychologist, **Mr.Dinesh.S** (RCI-A25477) & **Ms.Sarayu.K.M** (RCI-A97769), from 12/05/2025 to 11/06/2025 (i.e 180 hours).



Ms.Sarayu.K.M

Clinical Psychologist



Mr. Dinesh.S

Clinical Psychologist

S. DINESH, M.Phil., (Cli. Psy.)
Consultant Clinical Psychologist,
RCI License No, **CRR - A25477**
Be Well Hospital, Chennai-73.
Cell : 9884898077

Be Well Hospitals Private Limited

No.1, Kannan Avenue, New Balaji Nagar Main Road, Selaiyur, East Tambaram, Chennai – 600073.
Tel : 044 35011075 | Mobile : 73387 35651

CIN: U85300TN2011PTC081020

Registered & Corporate Office : No.2 (Old Door #5), Vijayaraghava Road, 1st Street, T.Nagar, Chennai - 600017.
Tel: + 91 44 42113010 | www.bewellhospitals.in | ask@bewellhospitals.in



INTERNSHIP TRAINING PROGRAM

AT

PVR INOX CINEMAS

**A REPORT ON HUMAN RESOURCES TRAINING BASED ON
INDUSTRIAL PSYCHOLOGY**

SUBMITTED BY

AARTHI KUMARAN (231PS009)

III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

AFFILIATED TO BHARATHIAR UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

G.N MILLS COIMBATORE-641029

20th June, 2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Miss. Aarthi Kumaran bearing Registration No: 231PS009 Bachelor of Psychology from Kongunadu Arts and Science College has completed her internship from 10th May 2025 to 20th June 2025 for the duration of 1 month with HR Department.

We wish her success in her future endeavours.

Yours Faithfully,

For PVR INOX Ltd.,



Ajitha G

Executive – Human Resources

INTERNSHIP TRAINING PROGRAM

AT

SNEKA MIND CARE HOSPITAL

A REPORT OF TRAINING BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

B.SRI RANJANA (231PS010)

III B. Sc PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

RE- ACCREDITED BY NAAC WITH A+GRADE (5TH CYCLE)

AFFILIATED TO BHARATHIAR UNIVERSITY

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS COIMBATORE-641029



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that B. SRI RANJANA has completed a
30 days **observership/ internship** in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 at SMCH

Dr C Panneer Selvan

MBBS, M.D. Psych (NIMHANS)

Director & Chief Consultant Psychiatrist

Mr Arun Selvaraj

M.Sc. M.Phil. Clinical Psychology (NIMHANS)

RCI CRR No. A94418

Consultant Clinical Psychologist

(Clinical Supervisor)

INTERNSHIP TRAINING PROGRAM

AT

TIMHANS HOSPITAL

**A REPORT ON CLINICAL TRAINING BASED ON CLINICAL
PSYCHOLOGY**

SUBMITTED BY

REETA ROSELIN T (231PS011)



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS) AFFILIATED BY BHARATHIAR UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS, COIMBATORE- 641029



TIMHANS

Trichur Institute of Mental Health & Neuro Sciences

Peringandoor P.O.
Thrissur - 680581
Kerala, South India
Ph. 0487-2202289
Mob. 9747556301
8891178030

TIM-2025/015

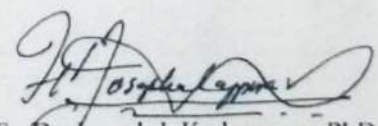
9th June 2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that REETA ROSELIN T. (Enrollment No.231PS011), BSc Psychology student of Kongunadu Arts and Science College Coimbatore, successfully completed second year internship programme from 10th May, 2025 to 8th June 2025 at Trichur Institute of Mental Health and Neuro Sciences (TIMHANS), Peringandoor, Thrissur, Kerala, India, 680581.

She showed her capacity for being a competent in clinical interviews, intervention activities and case discussions. She was always attentive to the best interest and welfare of her clients.




Fr. Dr. Joseph J. Kadappuran PhD
Director & Psychologist

**INTERNSHIP TRAINING PROGRAM
AT
EMOCARE (COUNSELLING, LIFE COACHING & TRAINING)
A REPORT ON COUNSELLING TRAINING
BASED ON
COUNSELLING PSYCHOLOGY
SUBMITTED BY
B. KISHORE KUMAR (231PS012)
III B.SC PSYCHOLOGY**



**KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (4th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
#52 RANK AMONG COLLEGES IN NIRF 2024
COIMBATORE – 641 029, TAMIL NADU, INDIA**

INTERNSHIP IN COUNSELLING AND PSYCHOTHERAPY

B.KISHORE KUMAR

has Completed one month of Internship & evaluation in Counselling and Psychotherapy from
09-05-2025 to 09-06-2025. The following aspects have been completed practically
by the above dignitary. Few Video authentication available in Emocare Youtube Channel.



1. Basics of counselling.
2. Preparing of case study.
3. Shadow counselling.
4. Cognitive behavior therapy.
5. Progressive Muscle Relaxation Exercise.
6. Autogenic Relaxation Exercise.
7. Post Marital (Gottman) Therapy
8. Techniques from art therapy.
9. Validation Therapy.
10. Breathing Techniques.
11. Transactional Analysis.
12. Gestalt Therapy.



Certificate No. : e6f8406
Chennai - 600 053

Authorized Signatory
Seethalakshmi Sivakumar
Emocare

INTERNSHIP TRAINING PROGRAM
AT
ANANDHAM MIND CARE FOUNDATION THUDIYALUR
A REPORT OF CLINICAL TRAINING BASED ON
CLINICAL PSYCHOLOGY
SUBMITTED BY
P. VAISHNAVI (231PS013)
III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)
AFFILIATED TO BHARATHIAR UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
G.N MILLS COIMBATORE-641029



ANANDHAM MIND CARE FOUNDATION

Thudiyalur, Coimbatore, Tamilnadu

INTERNSHIP CERTIFICATE

This is to certify that Mr/Ms/Mrs:

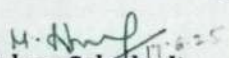
P. VAISHNAVI

has completed his/her Clinical Internship at Anandham Mind Care Foundation,

Coimbatore, Tamil Nadu from 19.05.2025 to 17.06.2025.

During this period, Exposure was given on Clinical Skills, Psychopathology, Diagnosis & Psychotherapeutic interventions in Psychiatric illness and Psychological Assessments in Special Children. Field Visits also done during their internship days in MR & MI Rehabilitation Homes.

His/Her performance during the internship was good.


Dr. Helena Selvakodi

Founder of Anandham Mind Care Foundation

Dr. M. HELENA SELVAKODI

M.B.B.S., DPM (PSYCHIATRY),

Reg. No. 77801

Consultant Psychiatrist

Anandham Mind Care Foundation

Thudiyalur, Coimbatore - 641 034.

7695955944, 7695690234

 anandhammindcare@gmail.com

INTERNSHIP TRAINING PROGRAM
AT
NOMAD BIKERS CLUB
A REPORT ON HUMAN RESOURCES TRAINING
BASED ON
INDUSTRIAL PSYCHOLOGY
SUBMITTED BY
SHANKAR. H (231PS014)
III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)
AFFILIATED TO BHARATHIAR UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
G.N MILLS COIMBATORE-641029



INTERNSHIP COMPLETION CERTIFICATE

June 13 2025

This is to certify that **Mr. Shankar Hrushireshan** from **Kongunadu Arts & Science college** successfully completed an internship as a **Human Resources (HR)** at **Nomad Bikers Club**. His internship period was from **May 10, 2025**, to **June 12, 2025**, for a duration of one month.

During this period, he gained valuable practical experience and actively contributed to various aspects of human resources. His key activities included: Assisting in recruitment support activities such as resume screening and interview coordination. Supporting daily HR operations and maintaining employee records.

He consistently demonstrated excellent communication skills, a proactive approach, and a strong understanding of fundamental HR principles. He was a dedicated and keen learner, proving to be a valuable asset to our Human Resources team during his tenure.

We wish him all the very best for a successful career in human resources and future academic pursuits.


Akshay
Founder
Nomad Bikers Club

NOMAD BIKERS CLUB

+91 9087030060
nomadbikersclub.com
Workafella Alwarpet, Mylapore, Chennai - 018

INTERNSHIP TRAINING PROGRAM
AT
EMOCARE (COUNSELLING, LIFE COACHING AND TRAINING)
A REPORT OF TRAINING BASED ON
COUNSELLING PSYCHOLOGY
SUBMITTED BY
PRIYADHARSHINI.S (231PS015)
III B.SC.PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)
RE- ACCREDITED BY NAAC WITH A+GRADE (4TH CYCLE)
AFFILIATED TO BHARATHIAR UNIVERSITY
COLLEGE OF EXCELLENCE (UGC)
G.N.MILLS COIMBATORE-641029

INTERNSHIP IN COUNSELLING AND PSYCHOTHERAPY

S.Priyadharshini

has Completed one month of Internship & evaluation in Counselling and Psychotherapy from
09-05-2025 to 09-06-2025. The following aspects have been completed practically
by the above dignitary. Few Video authentication available in Emocare Youtube Channel.



1. Basics of counselling.
2. Preparing of case study.
3. Shadow counselling.
4. Cognitive behavior therapy.
5. Progressive Muscle Relaxation Exercise.
6. Autogenic Relaxation Exercise.
7. Post Marital (Gottman) Therapy
8. Techniques from art therapy.
9. Validation Therapy.
10. Breathing Techniques.
11. Transactional Analysis.
12. Gestalt Therapy.



Certificate No. : 073f173
Chennai - 600 053
Date : 09-06-2025

Authorized Signatory
Seethalakshmi Sivakumar
Emocare

INTERNSHIP TRAINING PROGRAM

AT

SNEKA MIND CARE CENTRE

A REPORT OF TRAINING BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

DIVYA DHARSHNI.C (231PS016)

III B.SC.PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS)

RE- ACCREDITED BY NAAC WITH A+GRADE (5TH CYCLE)

AFFILIATED TO BHARATHIAR UNIVERSITY

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS COIMBATORE-641029



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005
Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that -- DIVYA DHARSHNI C ----- has completed a
-- 30 ----- days ~~observership/~~ **internship** in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 ----- at SMCH


Dr C Panneer Selvan
M.B.B.S. M.D. Psych (NIMHANS)
Director & Chief Consultant Psychiatrist


Mr Arun Selvaraj
M.Sc. M.Phil., Clinical Psychology (NIMHANS)
RCI CRR No. A94418
Consultant Clinical Psychologist
(Clinical Supervisor)

INTERNSHIP TRAINING PROGRAM
AT
NATCHIYAR MIND CARE
A REPORT ON CLINICAL TRAINING BASED ON
CLINICAL PSYCHOLOGY
SUBMITTED BY
VISHNU PRIYA V (231PS017)
III B. Sc. PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIYAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (5TH CYCLE)
COLLEGE OF EXCELLENCE (UGC)
#52 RANK AMONG COLLEGES IN NIRF 2024
GN MILLS, COIMBATORE- 641029



Natchiyar
Mind Care
Minding Minds... Efficiently

3/139, B-1 & B-2, Kumaran Street,
Opp. Marudhamalai Bus stand,
Marudhamalai Adivaram, Coimbatore - 641 046

Help Line : 97156 85000
Whatsapp : 90422 97555
email : natchiyarmedicalcentre@gmail.com
www.natchiyarmindcare.com

Date: 12 June 2025

CERTIFICATE

This is to certify that **Ms Vishnu Priya V (Roll No 231PS017)**, from **Kongunadu Arts and Science College , Coimbatore ,** has undergone her Internship training in our organization, from 12 May 2025 to 12 June 2025, During this period, she was very much attentive and participated with full involvement.

I wish her success in her future endeavors.

Ms.Dhillruba LS
B.Sc. Psychology, MSc. Applied Psychology
Psychologist
Natchiyar Mind Care.

Mrs. P. Geetha
M. Sc (Nursing), MBA (Hospital Management)
CNOO (Chief of Nursing Operation Officer)
Natchiyar Mind Care.

INTERNSHIP TRAINING PROGRAM
AT
SNEKA MIND CARE
A REPORT ON CLINICAL TRAINING BASED ON
CLINICAL PSYCHOLOGY
SUBMITTED BY
ARISIVARAM B (231PS018)
III B. Sc. PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIYAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (5TH CYCLE)
COLLEGE OF EXCELLENCE (UGC)
GN MILLS, COIMBATORE- 641029

CERTIFICATE OF COMPLETION



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005
Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that B. ARISIVARAM has completed a
30 days observership/ internship in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 at SMCH

Dr C Panneer Selvan
MBBS, MD, Psych (NIMHANS)
Director & Chief Consultant Psychiatrist

Mr Arun Selvaraj
M.Sc, M.Phil, Clinical Psychology (NIMHANS)
RCI CRR No. A94418
Consultant Clinical Psychologist
(Clinical Supervisor)

INTERNSHIP TRAINING PROGRAM
AT
EMOCARE (COUNSELLING, LIFE COACHING & TRAINING)
A REPORT ON COUNSELLING TRAINING BASED ON
COUNSELLING PSYCHOLOGY

SUBMITTED BY
ANANYA. K (231PS019)
III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (4th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
52nd RANK AMONG COLLEGES IN NIRF 2024
COIMBATORE – 641 029, TAMIL NADU, INDIA

INTERNSHIP IN COUNSELLING AND PSYCHOTHERAPY

ANANYA K

has Completed one month of Internship & evaluation in Counselling and Psychotherapy from
09-05-2025 to 09-06-2025. The following aspects have been completed practically
by the above dignitary. Few Video authentication available in Emocare Youtube Channel.



1. Basics of counselling.
2. Preparing of case study.
3. Shadow counselling.
4. Cognitive behavior therapy.
5. Progressive Muscle Relaxation Exercise.
6. Autogenic Relaxation Exercise.
7. Post Marital (Gottman) Therapy
8. Techniques from art therapy.
9. Validation Therapy.
10. Breathing Techniques.
11. Transactional Analysis.
12. Gestalt Therapy.



Certificate No. : 3516c9f
Chennai - 600 053
Date : 09-06-2025

Authorized Signatory
Seethalakshmi Sivakumar
Emocare

INTERNSHIP TRAINING PROGRAM

AT

SNEKA MIND CARE CENTRE

**A REPORT ON CLINICAL TRAINING BASED ON
CLINICAL PSYCHOLOGY**

SUBMITTED BY

S KAVITHA (231PS020)

III BSc PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS) AFFILIATED TO BHARATHIAR UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

G.N MILLS COIMBATORE-641029



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that S. KAVITHA has completed a
30 -days ~~observership~~/ internship in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 at SMCH

Dr C Panneer Selvan
MBBS, M.D., Psych (NIMHANS)
Director & Chief Consultant Psychiatrist

Mr Arun Selvaraj
M.Sc., M.Phil., Clinical Psychology (NIMHANS)
RCI CRR No. A94418
Consultant Clinical Psychologist
(Clinical Supervisor)

**INTERNSHIP TRAINING PROGRAM
AT
SNEKA MIND CARE
A REPORT ON CLINICAL TRAINING
BASED ON
CLINICAL PSYCHOLOGY
SUBMITTED BY
PRABANJAN.S (231PS021)
III B. Sc. PSYCHOLOGY**



**KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIYAR UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (5TH CYCLE)
COLLEGE OF EXCELLENCE (UGC)
#52 RANK AMONG COLLEGES IN NIRF 2024**



SNEKA MIND CARE CENTRE (SMCC)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that S. PRABANJAN has completed a
30 days ~~observership~~ / internship in ~~Psychiatric & Clinical Psychology~~

**INTERNSHIP TRAINING PROGRAM AT
NATCHIYAR MIND CARE
A REPORT ON CLINICAL TRAINING BASED ON
CLINICAL PSYCHOLOGY**

**SUBMITTED BY
SEENIVASAN K (231PS022)**

III B.Sc. PSYCHOLOGY



**KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIYAR
UNIVERSITY**

RE – ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

#52 AMONG COLLEGES IN NIRF 2024

G.N.MILLS COIMBATORE -641029



natchiyar
mind Care
Minding Minds... Efficiently

3/139, B-1 & B-2, Kumaran Street,
Opp. Marudhamalai Bus stand,
Marudhamalai Adivaram, Coimbatore - 641 046

Help Line : 97156 85000
Whatsapp : 90422 97555
email : natchiyarmedicalcentre@gmail.com
www.natchiyarmindcare.com

Date: 12 June 2025

CERTIFICATE

This is to certify that **Mr Seenivasan K (Roll No 231PS022)**, from **Kongunadu Arts and Science College , Coimbatore** , has undergone his Internship training in our organization, from 12 May 2025 to 12 June 2025, During this period, he was very good attentive and participated with full involvement.

I wish his success in his future endeavors.

Ms. Dhillruba I.S
B.Sc. Psychology, MSc. Applied Psychology
Psychologist
Natchiyar Mind Care.

Mrs. P. Geetha
M. Sc (Nursing), MBA (Hospital Management)
CNOO (Chief of Nursing Operation Officer)
Natchiyar Mind Care.

INTERSHIP TRAINING PROGRAM
AT
TRICHUR INSTITUTE OF MENTAL HEALTH AND NEUROSCIENCES
(CLINICAL & COUNSELLING, TRAINING)
A REPORT ON CLINICAL TRAINING BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

SUJITH.A (231PS023)

III B.Sc. PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR
UNIVERSITY

RE-ACCREDITED BY NAAC WITH A⁺ GRADE (4th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

52nd RANKS AMONG COLLEGES IN NIRF 2024

COIMBATORE – 641 029,



TIMHANS
Trichur Institute of Mental Health & Neuro Sciences

Peringandoor P.O.
Thrissur - 680581
Kerala, South India
Ph:0487-2202289
Mob:9747556301
8891178030

TIM-2025/013

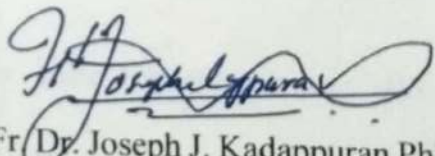
9th June 2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that SUJITH A. (Enrollment No.231PS023), BSc Psychology student of Kongunadu Arts and Science College Coimbatore, successfully completed second year internship programme from 10th May, 2025 to 8th June 2025 at Trichur Institute of Mental Health and Neuro Sciences (TIMHANS), Peringandoor, Thrissur, Kerala, India, 680581.

He showed his capacity for being a competent in clinical interviews, intervention activities and case discussions. He was always attentive to the best interest and welfare of his clients.




Fr/ Dr. Joseph J. Kadappuran PhD
Director & Psychologist

INTERNSHIP TRAINING PROGRAM
AT
SNEKA MIND CARE CENTER
A REPORT OF TRAINING BASED ON
CLINICAL PSYCHOLOGY
SUBMITTED BY
SRIJA K (231PS024)
III B.SC.PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)

RE- ACCREDITED BY NAAC WITH A+GRADE (5TH CYCLE)

AFFILIATED TO BHARATHIAR UNIVERSITY

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS COIMBATORE-641029



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that K. SRIJA has completed a
30 days ~~observership~~/ internship in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 at SMCH

Dr C Panneer Selvan

M.B.B.S, M.D, Psych (NIMHANS)

Director & Chief Consultant Psychiatrist

Mr Arun Selvaraj

M.Sc., M.Phil., Clinical Psychology (NIMHANS)

RCI CRR No. A94418

Consultant Clinical Psychologist

(Clinical Supervisor)

INTERNSHIP TRAINING PROGRAM
AT
SNEKA MIND CARE HOSPITAL THIRUNELVELI
A REPORT OF TRAINING BASED ON
CLINICAL PSYCHOLOGY
SUBMITTED BY
S. SUGITHRA (231PS025)
III B.SC.PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)

RE- ACCREDITED BY NAAC WITH A+GRADE (5TH CYCLE)

AFFILIATED TO BHARATHIAR UNIVERSITY

COLLEGE OF EXCELLENCE (UGC)

G.N.MILLS COIMBATORE-641029



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that SUGITHRA S has completed a
30 days observership/ internship in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 at SMCH

Dr C Panneer Selvan
MBBS, MD, Psych (NIMHANS)
Director & Chief Consultant Psychiatrist

Mr Arun Selvaraj
M.Sc., M.Phil, Clinical Psychology (NIMHANS)
RCI CRR No. A94418
Consultant Clinical Psychologist
(Clinical Supervisor)

INTERNSHIP TRAINING PROGRAM
AT
EMOCARE (COUNSELLING, LIFE COACHING & TRAINING)
A REPORT ON COUNSELLING TRAINING BASED ON
COUNSELLING PSYCHOLOGY

SUBMITTED BY
G.IYYAPPAN (231PS026)
III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A⁺ GRADE (4th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
52nd RANKS AMONG COLLEGES IN NIRF 2024
COIMBATORE – 641 029,

INTERNSHIP IN COUNSELLING AND PSYCHOTHERAPY

IYYAPPAN.G

has Completed one month of Internship & evaluation in Counselling and Psychotherapy from 09-05-2025 to 09-06-2025. The following aspects have been completed practically by the above dignitary. Few Video authentication available in Emocare Youtube Channel.



1. Basics of counselling.
2. Preparing of case study.
3. Shadow counselling.
4. Cognitive behavior therapy.
5. Progressive Muscle Relaxation Exercise.
6. Autogenic Relaxation Exercise.
7. Post Marital (Gottman) Therapy
8. Techniques from art therapy.
9. Validation Therapy.
10. Breathing Techniques.
11. Transactional Analysis.
12. Gestalt Therapy.



Certificate No. : b25eef4
Chennai - 600 053
Date : 09-06-2025

Authorized Signatory
Seethalakshmi Sivakumar
Emocare

INTERNSHIP TRAINING PROGRAM
AT
SNEKA MIND CARE CENTRE
A REPORT ON CLINICAL TRAINING BASED ON CLINICAL
PSYCHOLOGY

SUBMITTED BY
NANDHINI S (231PS027)
III B. Sc. PSYCHOLOGY



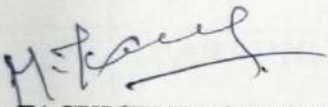
KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)

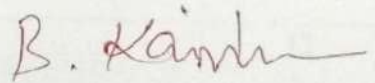
AFFILIATED TO BHARATHIAR UNIVERSITY
RE-ACCREDITED BY NAAC WITH A⁺ GRADE (5th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
G.N MILLS
COIMBATORE-641029

CERTIFICATE

This is to certify that **NANDHINI S (231PS027)** has attended the Clinical training program (Internship) in Sneka Mind Care centre, Tirunelveli from 12-05-2025 to 29-05 2025).

The following report is a genuine account of his experience submitted in partial Fulfilment for B. Sc. degree in Psychology during the period of 2023 -2026 of his/her study in the Department of Psychology at Kongunadu Arts and Science College, Coimbatore.


FACULTY IN-CHARGE


HEAD OF DEPARTMENT
Department of Psychology
Kongunadu Arts & Science College
(Autonomous)
E.N. Mills Post, Coimbatore - 641 029

PRINCIPAL

INTERNSHIP TRAINING PROGRAM
AT
SNEKA MIND CARE CENTRE
A REPORT ON CLINICAL TRAINING BASED ON
CLINICAL PSYCHOLOGY

SUBMITTED BY
J PAVITHRA (231PS028)
III B. Sc PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)
AFFILIATED TO BHARATHIAR UNIVERSITY
RE-ACCREDITED BY NAAC WITH A⁺ GRADE
(5th CYCLE)
COLLEGE OF EXCELLENCE (UGC)

G.N MILLS COIMBATORE-641029



SNEKA MIND CARE CENTRE (SMCH)

No. 12 South Bypass Road, Thirunelveli, Tamil Nadu. 627 005

Contact: 0462- 2350599/ 2970159/ 2354444

CERTIFICATE OF COMPLETION

This is to certify that PAVITHRA J has completed a
30 days **observership/ internship** in Psychiatry & Clinical Psychology
discipline from 12.05.2025 to 14.06.2025 at SMCH

Dr C Panneer Selvan

M.B.B.S., M.D., Psych (NIMHANS)

Director & Chief Consultant Psychiatrist

Mr Arun Selvaraj

M.Sc., M.Phil., Clinical Psychology (NIMHANS)

RCI CRR No. A94418

Consultant Clinical Psychologist
(Clinical Supervisor)

INTERNSHIP TRAINING PROGRAM
AT
TRICHUR INSTITUTE OF MENTAL HEALTH AND NEUROSCIENCES

A REPORT ON CLINICAL TRAINING BASED ON

CLINICAL PSYCHOLOGY

SUBMITTED BY

AJAY.V (231PS029)

III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE

(AUTONOMOUS) AFFILIATED TO BHARATHIAR

UNIVERSITY

RE-ACCREDITED BY NAAC WITH A+ GRADE (4th CYCLE)

COLLEGE OF EXCELLENCE (UGC)

52nd RANKS AMONG COLLEGES IN NIRF 2024

COIMBATORE – 641 029,



TIMHANS
Trichur Institute of Mental Health & Neuro Sciences

Peringandoor P.O.
Thrissur - 680581
Kerala, South India
Ph:0487-2202289
Mob:9747556301
8891178030

TIM-2025/012

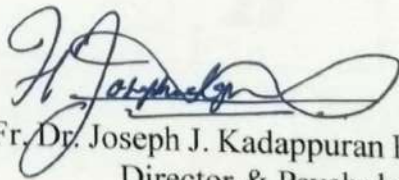
9th June 2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that AJAY V. (Enrollment No.231PS029), BSc Psychology student of Kongunadu Arts and Science College Coimbatore, successfully completed second year internship programme from 10th May, 2025 to 8th June 2025 at Trichur Institute of Mental Health and Neuro Sciences (TIMHANS), Peringandoor, Thrissur, Kerala, India, 680581.

He showed his capacity for being a competent in clinical interviews, intervention activities and case discussions. He was always attentive to the best interest and welfare of his clients.




Fr. Dr. Joseph J. Kadappuran PhD
Director & Psychologist

INTERSHIP TRAINING PROGRAM

**A REPORT ON COUNSELLING TRAINING BASED ON COUNSELLING
PSYCHOLOGY**

SUBMITTED BY

K. SUMAN (231PS030) III B.SC PSYCHOLOGY



**KONGUNADU ARTS AND SCIENCE COLLEGE (AUTONOMOUS) AFFILIATED
TO BHARATHIAR UNIVERSITY**

**RE-ACCREDITED BY NAAC WITH A+ GRADE (4th CYCLE) COLLEGE OF
EXCELLENCE (UGC)**

**#52 RANK AMONG COLLEGES IN NIRF 2024 COIMBATORE – 641 029,
TAMIL NADU, INDIA**

A.Thamil Alagan M.A., B.L.,

M.Sivakumar B.A., B.L.,

M.Balaji Gandhi B.A., B.L.,

K.Dhanabal B.A., B.L.,

R.Mangaiyarkarasi Bsc., B.L.,

Advocates



No.43, Mohan Complex, 1st Floor,

Near karur clts , Gopalapuram

Karur - 639001.

Cell : 994 222 333 8 & 994 222 332 8

Email : tamil.advocate@gmail.com

Date : 10.06.2025

INTERSHIP CERTIFICATE

This is certify that Mr. **K.SUMAN. S/o. P.R.KANNAN** Studing 2 Year Bsc. (Psychology) in Kongunadu Arts And Science College, Udhayamangalam Rd, Coimbatore in Tamil Nadu had been attached to my office and undergone internship from 10th May 2025 to 09th June.2025

[Handwritten signature] 10.06.2025

(M. SIVAKUMAR)

M.SIVAKUMAR B.A., B.L.,
ADVOCATE (M.S.No: 448/2018)
No : 43, Gopalapuram, Karur
Cell : 98426 10722

INTERNSHIP TRAINING PROGRAM
AT
NATCHIYAR MIND CARE
A REPORT ON CLINICAL TRAINING BASED ON
CLINICAL PSYCHOLOGY
SUBMITTED BY
HASIKA.P (231PS031)
III B.SC PSYCHOLOGY



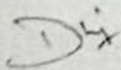
KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (5th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
G.N MILLS COIMBATORE-641 029

Date: 12 June 2025

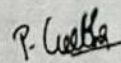
CERTIFICATE

This is to certify that Ms Hasika P (Roll No 231PS031), from Kongunadu Arts and Science College , Coimbatore , has undergone her Internship training in our organization, from 12 May 2025 to 12 June 2025, During this period, she was very much attentive and participated with full involvement.

I wish her success in her future endeavors.



Ms. Dhillruba I.S
B.Sc. Psychology, MSc. Applied Psychology
Psychologist
Natchiyar Mind Care.



Mrs. P. Geetha
M. Sc (Nursing), MBA (Hospital Management)
CNOO (Chief of Nursing Operation Officer)
Natchiyar Mind Care.

INTERNSHIP TRAINING PROGRAM
AT
EMOCARE (COUNSELLING, LIFE COACHING & TRAINING)
A REPORT ON COUNSELLING TRAINING BASED ON
COUNSELLING PSYCHOLOGY
SUBMITTED BY
R. SOWNDHARYA (231PS032)
III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (4th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
52 RANK AMONG COLLEGES IN NIRF 2024
COIMBATORE – 641 029, TAMIL NADU, INDIA

INTERNSHIP IN COUNSELLING AND PSYCHOTHERAPY

SOWNDHARYA.R

has Completed one month of Internship & evaluation in Counselling and Psychotherapy from 09-05-2025 to 09-06-2025. The following aspects have been completed practically by the above dignitary. Few Video authentication available in Emocare Youtube Channel.



1. Basics of counselling.
2. Preparing of case study.
3. Shadow counselling.
4. Cognitive behavior therapy.
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6. Autogenic Relaxation Exercise.
7. Post Marital (Gottman) Therapy
8. Techniques from art therapy.
9. Validation Therapy.
10. Breathing Techniques.
11. Transactional Analysis.
12. Gestalt Therapy.



Certificate No. : 0e06d80
Chennai - 600 053
Date : 09-06-2025

Authorized Signatory
Seethalakshmi Sivakumar
Emocare

INTERNSHIP TRAINING PROGRAM
AT
EMOCARE (COUNSELLING, LIFE COACHING & TRAINING)
A REPORT ON COUNSELLING TRAINING BASED ON
COUNSELLING PSYCHOLOGY

SUBMITTED BY
S.PAVITHRA (231PS033)
III B.SC PSYCHOLOGY



KONGUNADU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS) AFFILIATED TO BHARATHIAR
UNIVERSITY
RE-ACCREDITED BY NAAC WITH A+ GRADE (4th CYCLE)
COLLEGE OF EXCELLENCE (UGC)
#52 RANK AMONG COLLEGES IN NIRF 2024
COIMBATORE – 641 029, TAMIL NADU, INDIA



GLOBAL TRAINERS, COACHES & COUNSELLORS ORGANISATION
GTCCO
Registered as an Educational
Trust under Indian Trust Act 1961
Pavithra.S
is hereby Conferred the Title of
YOUTH COACH



Who has completed One Month of training on Youth

Coaching conducted by Emocare in accordance with the Laws & Regulations

of Emocare / GTCCO from 09-05-2025 to 09-06-2025



Regn No : eafbcd9
Chennai : 600053
Date : 09.06.2025



PRN No : TN2020CR36233


Authorized Signatory
Siva Subramani
GTCCO


Authorized Signatory
Seethalakshmi Shivakumar
Emocare

CIN : U93000TN2019OPC130771/ UAM:TN02D0159253-EMOCARE / GTCCO Trust No : 133 - 2021

This Certificate is pertaining to Practitioner of NLP.

UGC Certified Govt Certificate is required to do counselling in INDIA. In Other Countries the law of the land is to be followed.